



CREATION AND THE BEGINNING OF HUMAN HISTORY

**#39 – Jacob and Esau**  
**Genesis 25:19-34**

PICTURES NEEDED

- 39-1 Jacob and Esau as boys
- 39-2 Jacob cooking stew

REVIEW

- **Big Question:** How can we become righteous like Abraham?

We become righteous through the sacrifice of Jesus for our sin.

- **Lesson Rhyme:** Review the lesson rhyme.

T—T	Make sign of “T” with right hand
Test	Add “T” w/ L hand & move both forward
Abraham	Make “A” with both hands and shake
took his son	Extend R hand & bring it back closing fist
T—T—Test	Same as above
A sacrifice	Make small circles w/ fists in front of body
to be done	Open fists up like offering to God



T



A

## LESSON CONTENT

- **Introduction:** Show visual (**picture 39-1**) What is this a picture of?

Isaac's wife Rebekah couldn't have children but when Isaac prayed for her she became pregnant with twins. While the twins were growing in her womb, God told her that the older one would serve the younger one. Esau was born first and then Jacob came out holding on to his heel.

(**picture 39-2**) One day Esau came home really hungry while Jacob was cooking some stew. Jacob got Esau to sell him his birthright of the firstborn for a bowl of stew. Esau did what he wanted rather than what God wanted.

**The big question for this week is:** **How can we become righteous like Abraham?**

Listen as I read the lesson book and see if you can answer the question afterwards.

- **Lesson Book:** Read the book. Refer to the attached daily discussion questions.

Title: What did Jacob do to Esau?

Page 1—Genesis 25:23

(picture of Isaac and his twin sons)  
Abraham's son was Isaac  
to whom twin sons were born.  
When they were in the womb,  
God their mother did forewarn.  
God said between the two of them  
fighting there would be.  
One was quite deceptive,  
the other was carefree.

Page 3—Genesis 25:29-32

(picture of Jacob giving Esau stew)  
One day when Esau came home  
he was as hungry as could be.  
He saw Jacob cooking and said,  
"Give some stew to me."  
Jacob said he'd do so  
for the right of the firstborn.  
Esau was quite foolish,  
his birthright he did scorn.

Page 5—Genesis 27:32-33

(picture of Isaac blessing Jacob)  
When Isaac was quite old  
and was about to die.  
He decided to bless Esau  
before he said good-bye.  
Isaac couldn't see well  
so Jacob and his mother,  
Tricked Isaac into thinking  
that Jacob was his brother.

Page 2—Genesis 25:25-26

(picture of Jacob and Esau)  
Jacob was the sneaky one,  
he plotted to do wrong.  
Esau didn't think ahead,  
his feelings carried him along.  
God's promise made to Abraham,  
to Jacob would be passed.  
Though it should have gone to Esau,  
since Jacob was born last.

Page 4—Genesis 25:33-34

(picture of Jacob and his brother)  
Most of that which Isaac owned  
to Jacob then would go.  
That he wasn't very wise,  
Esau sure did show.  
Jacob was deceptive;  
he took advantage of his brother.  
Then he plotted more sin  
together with his mother.

Page 6—Genesis 27:34-36

(picture of Jacob and Esau)  
So Isaac gave to Jacob,  
what to Esau did belong.  
Cause Jacob was a trickster  
and plotted what was wrong.  
God faithfully would bless him,  
though Jacob chose to sin.  
It was through the sons of Jacob,  
the Jewish nation did begin.

## DISCUSSION QUESTIONS

Day 1: Who was Isaac? What did God say about the twins Isaac's wife Rebekah would have?

Day 2: What was Jacob like? What was Esau like? To whom would God's promise pass? To whom should it have passed? Why?

Day 3: What is the birthright of the firstborn? What does it mean to scorn? How did Esau scorn his birthright?

Day 4: How did Jacob take advantage of his brother? What showed that Esau wasn't very wise?

Day 5: What did Jacob trick his father into doing? Who had his father wanted to bless? Why do you think that was?

Day 6: How did Jacob get what belonged to Esau? What did God still do for Jacob?

Review: Select a couple questions from above to ask the students again.

- Prayer: Thank God that his goodness towards us does not depend on what we do. Pray that you would want to do what pleases him and in doing that bring honor to him.
- The Big Question: **Why did Esau give up his birthright?**  
Esau was godless and lived for the moment.

## ACTIVITIES

Any age appropriate activity can be included which fits into the club time. The activities with a star are included on the class notes handout sheet.

★ Lesson Rhyme: Practice the lesson rhyme with movements.

J—J	Make sign of "J"
Jacob	Hook pinkies together
Took the birthright of his brother	Extend R hand palm up out & draw it back closing it
J—J—Jacob	Same as above
Plotted more sin	Make evil face & put R hand to chin like thinking.
with his mother	Fists apart & brought together



★ **Activity:** Coloring

Instructions: Color in the vegetables that could be in a stew.

★ **Letter/Sound Recognition:** Say the sound of and trace over each letter in the boxes.  
With which sound does Jacob begin?

★ **Coloring:** Color in the lesson picture.

★ **Song:** Father Abraham

Verse:

Father Abraham had many sons

Many sons had Father Abraham

I am one of them and so are you

So let's all praise the Lord.

Right arm!

Right arm: Clench fist, bend and extend arm upward repeatedly throughout song

Right arm, left arm!

Left arm: Add left arm in same motion as right

Right arm, left arm, right foot!

Right foot: Add right foot stepping up and down

Right arm, left arm, right foot, left foot!

Left foot: Add left foot stepping up and down

Right arm, left arm, right foot, left foot, chin up!

Chin up: Add head nodding up and down

Right arm, left arm, right foot, left foot, chin up, turn around!

Turn around: Add turning in place while continuing other motions

Right arm, left arm, right foot, left foot, chin up, turn around, sit down!

• **Craft:** Bean Mosaic

As a reminder that Jacob stole Esau's birthright for a bowl of stew, make a bean mosaic

Materials: cover stock paper, different types of beans, glue

Preparation: Run off the craft sheet on cover stock paper.

Instructions: Have the children fill in the stew pot and vegetables with different types of beans and lentils to make a mosaic.

## JOURNAL

The journal is passed out at the end of class for the students to complete at home. It has six poetic readings and related Bible verses. It would be beneficial for the teacher to read through and be familiar with its content.