



CREATION AND THE BEGINNING OF HUMAN HISTORY

#26 – Cain’s Choice
Genesis 4:1-16

PICTURES NEEDED

- 26-1 Cain and Abel’s offerings
- 26-2 Cain kills Abel

REVIEW

- **Big Question:** What was the consequence of the Fall?

Adam made us sinners; Jesus died to make us right.

- **Lesson Rhyme:** Review the lesson rhyme.

N—N

Nature

Old inclined
to bad

N—N—Nature

A new one
can be had

Make sign of “N”

Pat heart with “N” sign

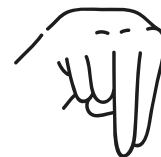
Make fist on chin & pull down like beard

Thumbs down sign

Same as above

Hands palm up, R slides over L & then up

Hands palm up in front, Close hands, & pull toward body



N

- **Introduction:** Show visual (**picture 26-1**)

What is this a pictures of?

After they left the garden, Adam and Eve had two sons, Cain and Abel. God told Cain and Abel to bring him an offering. Abel gave God the first and best sheep from his flock and God was pleased with Abel's offering. Cain just gave God some grain he had grown. God wasn't pleased with Cain's offering because Cain didn't give him the best.

Cain was jealous of Abel and his offering. God warned Cain to do what was right but Cain wouldn't listen to God. There was evil in his heart. Cain killed Abel, so God had to punish him and send him away. (**picture 26-2**)

The big question for this week is: Why did Cain kill Abel?

Listen as I read the lesson book and see if you can answer the question afterwards.

- **Lesson Book:** Read the book. Refer to the discussion questions.

Title: Who was Cain?

Page 1—Genesis 4:1-2a

(picture of Cain and Abel)

Cain and Abel were the sons
of Adam and of Eve

In choosing to do evil,

Cain God's heart did grieve.

God had told the brothers

to give a sacrifice of praise.

They were to honor God

and follow in his ways.

Page 2—Genesis 4:2b-4a

(picture of Cain and Abel's offerings)

Abel followed God's command;

he brought the firstborn from his flock.

Cain just offered up some grain

from what he had in stock.

God wants us to give to him

the best of what we own.

Giving God the best

is the way great honor's shown.

Page 3—Genesis 4:4b-5

(another picture of Cain and Abel)

God was pleased with Abel,

his offering it was good.

He had honored God

just as God had said he should

But Cain did what he wanted,

to please God he didn't care.

So he followed evil

and got trapped in Satan's snare.

Page 4—Genesis 4:6-8

(picture of Cain killing Abel)

Of Abel Cain was jealous,

his heart it wasn't right.

God warned him to do good

and not with Abel fight.

But Cain instead killed Abel,

sin had become his master.

And giving into sin

always leads to great disaster.

Page 5—Genesis 4:10-12

(picture of Cain being sent away)

The blood flowed out of Abel,
seeped down into the field
God said the ground for Cain,
no longer crops would yield.
He also put a curse on Cain
and sent him far away.
Since Cain had followed Satan
and God did not obey.

Page 6—1 John 3:11-12

(picture of a child with Jesus)

Don't choose to be like Cain
and end up doing wrong.
If you follow Satan's lies,
to him you will belong.
Set your mind on Jesus
and love what he does love.
Choose to do what's right
and to honor God above.

DISCUSSION QUESTIONS

Page 1: Who were Cain and Abel? What did God want them to do?

Page 2: What did Abel give to God? What did Cain give to God? What does God want us to give to him? Why?

Page 3: Why was God pleased with Abel? Why wasn't God pleased with Cain?

Page 4: What was wrong with Cain? What did God warn him not to do? What did Cain do to Abel? Why did Cain do that?

Page 5: What curse did God put on Cain? Why did God do that?

Page 6: What will we do if we are like Cain? How do we keep from being like Cain?

Review: Select a couple questions from above to ask the students again.

Prayer: Thank God that his way is a good way. Pray that you would want to follow him in all things and not to follow Satan and do what is wrong.

The Big Question: Why did Cain murder Abel?

Cain followed Satan and chose to do evil.

ACTIVITIES

Any age appropriate activity can be included which fits into the club time. The activities with a star are included on the class notes handout sheet.

★ **Lesson Rhyme:** Practice the lesson rhyme with movements.

- | | |
|-----------------|--|
| C—C | Make sign of "C" |
| Cain | Move "C" to forehead |
| Son of | Move arms down like rocking baby |
| Adam and of Eve | Put up R index finger & then middle next to it |
| C—C—Cain | Same as above |
| God's heart | Pat heart |
| he did grieve | Fists in front of eyes like rubbing tears |



★ **Activity:** The offerings
Draw Cain's and Abel's offerings and on the altars.

★ **Coloring:** Color the lesson picture

★ **Letter/Sound Recognition:** Say the sound of and trace over each letter in the boxes.
With which sound does Cain begin?

★ **Song: Oh Be Careful**

Oh, be careful little eyes what you see,
Oh, be careful little eyes what you see,
For the Father up above is looking down with love.
Oh, be careful little eyes what you see.

Other verses

Oh, be careful little ears what you hear
Oh, be careful little mouths what you say
Oh, be careful little hands what you do
Oh, be careful little feet where you go
Oh, be careful little minds what you think

• **Craft:** Two faces

Remind the children that Cain had a choice to do either good or evil. If he did what was right and good, he would please God. Because he did what was wrong God wasn't happy.

Materials: cover stock paper, jumbo craft stick, scissors, glue stick

Preparation: Run of Craft 26 EC on cover stock paper.

Instructions: Have them cut out the circles of a happy and mad face. Glue the faces together with a jumbo craft stick in the middle to hold on to.

Questions: Which face is like that of Cain? Why? Which face is like that of Abel? Why? Which face does God like to see? Why?

JOURNAL

The journal is passed out at the end of class for the students to complete at home. It has six poetic readings and related Bible verses. It would be beneficial for the teacher to read through and be familiar with its content.