

# Further Understanding

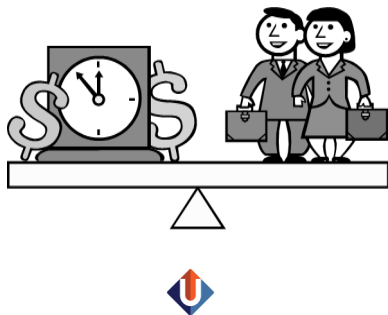
The man who fears God will avoid all extremes.

Proverbs 6:6-11

What does this passage mean?

Ecclesiastes 5:10-11

What does this passage mean?



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Scripture taken from the Holy Bible, New International Version

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UPPER ELEMENTARY & ABOVE

LEVEL 4

CLASS NOTES

LESSON 20



CREATION AND THE BEGINNING OF HUMAN HISTORY

THIS WEEK'S BIG QUESTION

What is the Sabbath?

MEMORY VERSE

Exodus 20:11

*For in six days the LORD made the heavens and the earth, the sea, and all that is in them, but he rested on the seventh day. Therefore the LORD blessed the Sabbath day and made it holy.*

# Lesson Notes

Theme:

Point 1:

Point 2:

Point 3:

I can apply what I learned by ...

## **Memory Verse: Exodus 20:11**

Fill in the missing words in the memory verse. Look up the verse in the Bible if you can't remember the missing words.

For in \_\_\_\_\_ days the LORD \_\_\_\_\_ the  
\_\_\_\_\_ and the \_\_\_\_\_, the \_\_\_\_\_, and all  
that is in them, but he \_\_\_\_\_ on the \_\_\_\_\_  
day. Therefore the LORD \_\_\_\_\_ the \_\_\_\_\_  
day and made it \_\_\_\_\_.

# Acrostic Poem

Use each letter of the word Sabbath to start a phrase that says what we should do on a holy day of rest.

**S**

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**A**

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**B**

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**B**

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**A**

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**T**

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**H**

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