

Beginning 39 – Activities

○ **Craft:** Bean Mosaic

As a reminder that Jacob stole Esau's birthright for a bowl of stew, make a bean mosaic

Materials: cover stock paper, different types of beans, glue

Preparation: Run off the craft sheet on cover stock paper.

Instructions: Have the children fill in the stew pot and vegetables with different types of beans and lentils to make a mosaic.

○ **Game:** Steal the Bacon

As a reminder that Jacob stole Esau's birthright for a bowl of stew, play "Steal the bacon."

Instructions: Draw two lines down the play area with a space in between. Line up two teams on opposite sides behind a line with the players of the opposite teams facing each other. Place a pile of items in the center between the two teams and assign a point value to each item. Count off down one team so each player has a number. Count off down the other team so the players have the same numbers as the other team. When a number is called, the two players with that number run out to grab as much as they can from the pile. The goal is to get what you grabbed over your team's line without the other player taking it from you. At the end of the game the team with the most points wins.

✓ **Song:** Father Abraham

Verse:

Father Abraham had many sons

Many sons had Father Abraham

I am one of them and so are you

So let's all praise the Lord.

Right arm!

Right arm: Clench fist, bend and extend arm upward repeatedly throughout song

Right arm, left arm!

Left arm: Add left arm in same motion as right

Right arm, left arm, right foot!

Right foot: Add right foot stepping up and down

Right arm, left arm, right foot, left foot!

Left foot: Add left foot stepping up and down

Right arm, left arm, right foot, left foot, chin up!

Chin up: Add head nodding up and down

Right arm, left arm, right foot, left foot, chin up, turn around!

Turn around: Add turning in place while continuing other motions

Right arm, left arm, right foot, left foot, chin up, turn around, sit down!

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