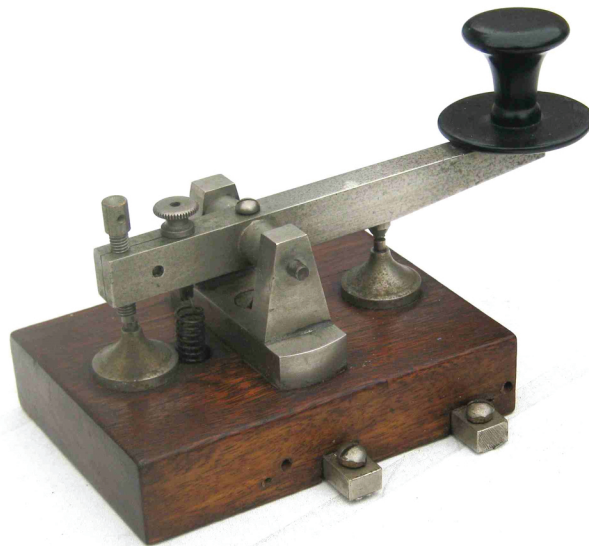


S.O.S.I

SINNERS
OVERCOMING
SELF



STUDY BY RICHARD ELWELL

Foundational Discipleship Studies

Christ promises abundant life to those who put their faith in him, but many Christians fail to experience what he has promised. The foundational studies of Ultimate Outcomes are designed to help believers experience the freedom of the abundant life in Christ through learning how to avoid Satan's deception and turn and enter into God's blessing. Like all Ultimate Outcome materials, these studies are built on the principle that God is smarter than we are and that in order to improve our lives we need to seek God's perspective and then choose to do things his way.

Sinners Overcoming Self (SOS I) is the first foundational study and looks at human behavior from a scriptural point of view. We all choose to do things that hurt us and others. This study examines why we do what we choose to do and how to uncover and overcome sin in our life. It develops the foundation for living an abundant life in Christ as uncovering deception and following God's path is the only way to contentment, right relationships, right living and eternal life.

Saints Obeying the Spirit (SOS II) is the second study and examines how we connect to God and enter into his blessing. It is only through our relationship to Christ that we experience an abundant and fulfilling life. SOS I should be completed before doing SOS II.

SINNERS **OVERCOMING** **SELF**

BY RICHARD ELWELL



ULTIMATE OUTCOMES

WHY IDEAS MATTER.

Ultimate Outcomes is a non-profit organization founded on the fruit of the 30 plus years Pastor Richard Elwell and his wife Marty spent in church ministry, developing studies that would help their congregants discern and apply God's truth. Richard was a firm believer that the outcomes in our lives are a result of what ideas we choose to believe and follow.

After Richard died of a rare liver disease in 2018, Ultimate Outcomes has taken on the mission of sharing the Elwell's insights with all people who desire to live a better life and are willing to look to God for understanding of the way they are to go. To that end it makes available for free download on its website: Bible studies, Sunday school curriculum, and sermon podcasts.

Richard earned a Master of Divinity degree from the International School of Theology and was the founding and senior pastor at University Park Church, San Bernardino, CA for over 30 years. His passion was always to make God's truth understandable and applicable to all who hunger for it. Marty holds a Master's Degree in Teaching Processes from Claremont Graduate University. Her passion has been to train women and provide curriculum for parents who want to raise up their children up in the ways of the Lord.

<https://www.ultimateoutcomes.org>

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01

LESSON ONE:

MASTERS OF BELIEF

INTRODUCTION



LESSON FOCUS

This lesson is a theological overview of how the two opposing spiritual kingdoms operate and what determines which kingdom or master we place ourselves under.

FOUNDATIONAL SCRIPTURE

John 10:10

*The thief comes only to steal and kill and destroy.
I have come that they may have life and have it to the full.*

1. Who are the two competing masters for the destiny of men?
2. What are the end results of following these two masters?
3. Given these two destinies how many people would willingly choose the road to destruction?
4. Given that no one would willingly choose destruction, through this study we will see how Satan has such success in getting people to go his way. His success comes from getting people to put their trust in him, thinking he has something to offer. Christ's success also depends on people putting their trust in him but their final destiny is very different.

DEFINITION:

Through this study we will be focusing on what we believe or what we put our trust in. The Greek word, *pistos*, is used interchangeably for faith, trust, and belief.

PRAYER

- Ask God that through this study he would open your eyes so that you would be able to see what is truth and what is deception.
- Pray that he would give you insight into the two masters of men's destiny and which you choose to follow.
- Thank God that he is the source of truth.

SEARCHING THE SCRIPTURES



WHO IS OUR ENEMY?

Ephesians 6:11-12

¹¹Put on the full armor of God so that you can take your stand against the devil's schemes. ¹²For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms.

1. Who is our struggle against?
2. Who isn't our struggle against?
3. Who do we usually imagine our enemy to be?



NOTE: The word for schemes in verse 11 is *methodeia* which means craftiness, seductive tricks or false teaching, beliefs, or ideas. (See 2 Corinthians 10:3-5 for further understanding.)

4. What then are we to take a stand against?
5. If our enemies are not people but wrong ideas or beliefs, where do these wrong ideas come from?
6. Putting your answers together, who then is our true enemy?



WHAT IS THE GOAL OF OUR ENEMY?

John 10:10

*The thief comes only to steal and kill and destroy.
I have come that they may have life and have it to the full.*

1 Peter 5:8

*Be self-controlled and alert. Your enemy the devil prowls
around like a roaring lion looking for someone to devour.*

1. What is the goal of our enemy?
2. Who would say yes if Satan came up and said, "I want to destroy your life and devour you. Come with me."?
3. If we are intelligent creatures, the height of God's creation, how is it that Satan is able to get us to follow him to our own destruction?



WHAT IS OUR ENEMY'S METHOD?

Genesis 3:1-4

*Now the serpent was more crafty than any of the wild animals the Lord God had made.
He said to the woman, "Did God really say, 'You must not eat from any tree in the garden'?"
The woman said to the serpent, "We may eat fruit from the trees in the garden,
but God did say, 'You must not eat fruit from the tree that is in the middle of the garden,
and you must not touch it, or you will die.'" "You will not surely die," the serpent said to the woman.*

What methods did Satan use with Eve in the garden?

John 8:44

You belong to your father, the devil, and you want to carry out your father's desire. He was a murderer from the beginning, not holding to the truth, for there is no truth in him. When he lies, he speaks his native language, for he is a liar and the father of lies.

2 Corinthians 4:4

The god of this age has blinded the minds of unbelievers, so that they cannot see the light of the gospel of the glory of Christ who is the image of God.

Looking at the above verses, what other methods does the enemy use?

●●● ■■■ ●●●
HOW DOES THE METHOD WORK?

James 1:14-15

But each one is tempted when, by his own evil desire, he is dragged away and enticed. Then, after desire has conceived, it gives birth to sin; and sin, when it is full-grown, gives birth to death.

1. How does the enemy's method work?
2. In what area does the enemy's method work best?
3. The EQUATION OF SIN becomes:

_____ + _____ = sin which destroys

4. What two things can we remove to break this equation?

Which is the most reasonable option?

Why?

ILLUSTRATION: DRUG PROBLEM

If a person has a drug problem there are two ways to get that person to stop taking drugs:

1. Somehow stop all drugs from coming into the country and therefore keep the person from getting drugs.
2. Change the desire of the person's heart so there is no longer the desire to take drugs.



- a) Which would be the most effective way to stop a person from taking drugs?

Why?

- b) What happens to drug users who enter a totally drug free prison?

- c) What usually happens to these former users when they leave prison?

Why?

REMEMBER:

The way we overcome sin is through changing our belief that somehow sin benefits us. What we believe is what we will follow. What we follow is what we will serve.





WHO IS OUR SAVIOR?

John 3:16-17

For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life. For God did not send his Son into the world to condemn the world, but to save the world through him.

1. Who is our Savior?
2. What do people think they will be giving up if they were to choose to accept Jesus as their Savior?



WHAT IS THE GOAL OF OUR SAVIOR?

John 10:10

The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full.

John 3:16

For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.

1. According to these scriptures what is the savior's goal for our lives?
2. If we don't choose to believe that Jesus is our savior, what kind of life are we missing?



WHAT IS THE SAVIOR'S METHOD?

John 18:37b

"You are right in saying I am a king. In fact, for this reason I was born, and for this I came into the world, to testify to the truth. Everyone on the side of truth listens to me."

John 16:12-13

I have much more to say to you, more than you can now bear, but when he, the Spirit of truth, comes, he will guide you into all truth. He will not speak on his own; he will speak only what he hears, and he will tell you what is yet to come.

1. What is our Savior's method?
2. Why do we often resist God's truth and do things in opposition to his will?



WHAT MAKES THE SAVIOR'S METHOD WORK?

John 20:31

These are written that you may believe that Jesus is the Christ, the Son of God, and that by believing you may have life in his name.

2 Thessalonians 2:13

But we ought always to thank God for you, brothers loved by the Lord, because from the beginning God chose you to be saved through the sanctifying work of the Spirit and through belief in the truth.

1. What makes the Savior's method work?
2. What causes or motivates our belief in anything?

REMEMBER:

We believe something because we think it is true and will benefit us. Sin offers instant gratification but the truth leads us to the ultimate beneficial result.



ILLUSTRATION: EXERCISE

Is exercise always immediately gratifying?

- What makes people want to exercise?
- How many people would go through the toil of exercising if it didn't benefit them?

THINKING IT THROUGH

WHICH MASTER WILL YOU BELIEVE AND FOLLOW?

John 10:10

1. Who is our enemy? (Eph. 6:12)	1. Who is our savior? (John 3:16)
2. What is the goal of our enemy? (John 10:10)	2. What is the goal of our savior? (John 10:10)
3. What method does our enemy use? (James 1:16, John 8:44)	3. What method does our savior use? (John 18:37; 16:12-13)
4. How does the enemy's method work? (James 1:14)	4. How does our savior's method work? (2 Thess. 2:13)
What is opposite about these two masters?	
What do both masters want us to do?	



CONCLUDING THOUGHTS



ALL MEN ARE SLAVES

Romans 6:15-23

¹⁵What then? Shall we sin because we are not under law but under grace? By no means!

¹⁶Don't you know that when you offer yourselves to someone to obey him as slaves, you are slaves to the one whom you obey—whether you are slaves to sin, which leads to death, or to obedience, which leads to righteousness? ¹⁷But thanks be to God that, though you used to be slaves to sin, you wholeheartedly obeyed the form of teaching to which you were entrusted. ¹⁸You have been set free from sin and have become slaves to righteousness.

¹⁹I put this in human terms because you are weak in your natural selves. Just as you used to offer the parts of your body in slavery to impurity and to ever-increasing wickedness, so now offer them in slavery to righteousness leading to holiness. ²⁰When you were slaves to sin, you were free from the control of righteousness. ²¹What benefit did you reap at that time from the things you are now ashamed of? Those things result in death! ²²But now that you have been set free from sin and have become slaves to God, the benefit you reap leads to holiness, and the result is eternal life. ²³For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord.

1. What word is repeated most often in this passage?
2. What two things can we be a slave to? (vs.17-18)
3. What determines what a man is a slave to? (vs.16)
4. What are the end results of the two types of slavery? (vs.16)
5. Do most people think of themselves as slaves?
6. Who do people think they serve?
7. What does this passage say to people who think they run their own lives?
8. What is a person's only choice as a slave?
9. What lie does Satan try to get us to believe in terms of slavery?
10. What does Satan accomplish if we think that we're serving ourselves?

●●● ■■■ ●●●

THE FOUNDATIONAL LIE

REMEMBER:

Satan's chief deception is to get us to believe that we can be the ruler of our own lives. This is the FOUNDATIONAL LIE behind all sin, the lie of personal sovereignty. We are not the rulers of our lives. We can't sin if God is ruling our lives. We can only sin if we step outside of his authority. When we choose to serve ourselves we step outside of God's authority and in doing so serve Satan. If we are not serving God then we are serving Satan, unwittingly or not.

The FOUNDATIONAL LIE behind all sin is the lie of p_____ s_____.

which means that you believe _____.

●●● ■■■ ●●●

THE CHOICE OF SLAVERY

A man is a slave to whatever he b_____.

If you are a slave to s_____ the result is d_____.

If you are a slave to r_____,
the result is e_____ l_____.

●●● ■■■ ●●●

THE LAW OF SLAVERY

No man is his own master. All men serve something.

If you are not a slave to r_____,
then you are a slave to s_____.

PUTTING IT INTO PRACTICE

SELF-EXAMINATION

1. One question you can ask yourself to think about which master you most often believe and follow is: When it looks like things are not going to work out the way you think they should would you most often...
 - a) Take matters into your own hands and try to work them out your way.
 - b) Wait patiently on the Lord for his plans to unfold.
2. Ask yourself often the question, "Which master am I serving as I do this?"

PERSONAL ACTION

1. Do you think you will experience opposition and struggle as you work through this study?

Why?

2. What do you need to do to prepare and protect yourself as you face opposition?
3. What should be your resolve about completing this study?

PRAYER

Write out your personal prayer in response to what you learned in this lesson and the opposition you think you will face this week.

02

LESSON TWO:

COMPARISON OF BELIEF

INTRODUCTION

REVIEW

The last lesson focused on the two masters seeking our allegiance.

1. Who are the two masters and what are the methods they use to get our allegiance through our belief?

2. What is the LAW OF SLAVERY?

No man is his own m_____. All men s_____ something.

3. What is the FOUNDATIONAL LIE of all sin and what does it mean?

p_____ s_____

4. What is the equation of sin?

t_____ + e_____ d_____ = sin

LESSON FOCUS

This lesson contrasts the difference between what is called, the "love of the world" and the "love of God."

1. The study of the "love of the world" will be focusing on 1 John 2:15-17. In that passage three broad categories of sin are identified, which comprise what is called the "love of the world." These are the same areas in which Eve was tempted in the garden, in which Christ was tempted in the wilderness, and are also the areas of our temptation today. All temptation falls into one of the three categories of sin that this lesson examines.
2. The categories of temptation have a striking similarity to the areas of reward and blessing promised to those who seek to do good as seen in Romans 2:6-11. Through examining the passages from 1 John and Romans it will become clear that what we choose to love will have a tremendous impact on our lives and future.

PRAYER

- Ask God to help you to see the difference between seeking to have your needs met through him or outside of him.
- Pray for clarity of understanding as you go through this lesson.
- Thank God that following his path holds great blessing.

SEARCHING THE SCRIPTURES

THE LOVE OF THE WORLD



NOTE: The wording from the KJV will be used in this study for these categories and is in brackets.

1 John 2:15-17

Do not love the world or anything in the world. If anyone loves the world, the love of the Father is not in him. For everything in the world the cravings of sinful man [lust of the flesh], the [lust of his eyes] and the boasting of what he has and does [pride of life] comes not from the Father but from the world. The world and its desires pass away, but the man who does the will of God lives forever.

1. According to this passage why is the love of the world not compatible with the love of God?
2. According to 1 John what is the ultimate result of pursuing the love of the world?
3. Which master do you serve, Satan or Christ, when you pursue the love of the world?
How?
4. What are the three categories that comprise the love of the world?

THE CATEGORIES OF SIN AND TEMPTATION

I. LUST OF THE FLESH

Trying to satisfy yourself apart from God by pursuing what feels good, i.e., pleasure, adventure, tactile experience.

Proverbs 5:3-6

For the lips of an adulteress drip honey, and her speech is smoother than oil; but in the end she is bitter as gall, sharp as a double edged sword. Her feet go down to death; her steps lead straight to the grave. She gives no thought to the way of life; her paths are crooked, but she knows it not.

1. Why does someone pursue pleasure outside of God?
2. What do they fail to recognize in pursuing pleasure apart from God?
3. What will eventually happen to those who pursue pleasure apart from God?
4. What is lust of the flesh looking for?



NOTE: God wants people to experience pleasure he just wants them to do it his way because thats the only way true pleasure can be found.

5. From the passage in Proverbs write a description of lust of the flesh.

II. LUST OF THE EYES

Trying to satisfy yourself apart from God by going after what looks good, i.e., status, prestige, image.



NOTE: In these passages Jesus is criticizing the Pharisees who were the Jewish religious leaders.

Matthew 23:5-7

"Everything they do is for men to see: They make their phylacteries wide and the tassels on their garments long; they love the place of honor at banquets and the most important seats in the synagogues; they love to be greeted in the marketplaces and to have men call them 'Rabbi.'"

Matthew 23:27-28

"Woe to you, teachers of the law and Pharisees, you hypocrites! You are like whitewashed tombs, which look beautiful on the outside but on the inside are full of dead men's bones and everything unclean. In the same way, on the outside you appear to people as righteous but on the inside you are full of hypocrisy and wickedness."

1. What is important to lust of the eyes?
2. What doesn't lust of the eyes care about?
3. From the passage in Matthew write a description of lust of the eyes.

III. PRIDE OF LIFE

Trying to satisfy yourself apart from God by striving to be better than other people.

Luke 18:9-14

To some who were confident of their own righteousness and looked down on everybody else, Jesus told this parable: "Two men went up to the temple to pray, one a Pharisee and the other a tax collector. The Pharisee stood up and prayed about himself: 'God, I thank you that I am not like other men robbers, evildoers, adulterers or even like this tax collector. I fast twice a week and give a tenth of all I get.'

"But the tax collector stood at a distance. He would not even look up to heaven, but beat his breast and said, 'God have mercy on me, a sinner.'

"I tell you that this man, rather than the other, went home justified before God. For everyone who exalts himself will be humbled, and he who humbles himself will be exalted."

1. In what areas did the Pharisee compare himself to others?
2. What was his attitude toward others?
3. What did the Pharisee fail to look at?
4. Why wasn't the Pharisee justified?
5. From the passage in Luke write a description of pride of life.

●●● ■■■ ●●● THE LOVE OF GOD



NOTE: The passage in Romans will show that God wants to give us peace, glory, and honor which are very similar to the three categories of temptation and sin (lust of the flesh, lust of the eyes, and pride of life). The difference is that peace, glory, and honor are blessings that come from God, not something we get on our own apart from God.

Romans 2:6-11

God will give to each person according to what he has done. To those who by persistence in doing good seek glory, honor and immortality, he will give eternal life. But for those who are self-seeking and who reject the truth and follow evil, there will be wrath and anger. There will be trouble and distress for every human being who does evil; first for the Jew, then for the Gentile; but glory, honor and peace for everyone who does good: first for the Jew, then for the Gentile.

For God does not show favoritism.

1. What are the two types of seekers in this passage?
2. What do self-seekers reject and follow?
3. Do you think the self-seekers desire wrath and anger?

What do you think they want?

4. What do those who do good seek?
5. Where do peace, honor, and glory come from?
6. How will God ultimately give to each person?
7. Is it good to want peace, glory, and honor?

Why?

8. Do you think self-seekers want peace, glory, and honor?

Why don't they get it?

9. Which seeker believes truth?
10. Which seeker believes deception?
11. If you want what is good but believe deception, what will you end up with?
12. Thinking back to 1 John 2:15 what does the self-seeker love? (1 John 2:15 - *Do not love the world or anything in the world. If anyone loves the world, the love of the Father is not in him.*)
13. Who does the seeker of good love?



THE BLESSINGS OF GOD

I. IMMORTALITY (apatheiro), PEACE (eirana)

Patheiro means ruin or destroy in Greek; a means not. It means without any decay or corruption, indestructible, everything is in proper order, a perfect state of well being. PEACE (eirana) is similar to the meaning of immortality. It is the opposite of disorder or corruption. It means harmony, wholeness, well being, no tribulation.

Philippians 4:6-7

Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

Philippians 4:12-13

I am not saying this because I am in need, for I have learned to be content whatever the circumstances. I know what it is to have plenty, I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. I can do everything through him who gives me strength.

1. In the above passages how is God's peace described?
2. When is God's peace promised?
3. How can we be blessed with God's peace?
4. What category of temptation and sin is a counterfeit of the blessing of peace/immortality?
5. From the passage in Philippians write a description of the blessing of peace.

II. GLORY (doxa)

What radiates from a person as a result of who he or she is, the impression a person emanates.

Acts 4:13

When they saw the courage of Peter and John and realized that they were unschooled, ordinary men, they were astonished and they took note that these men had been with Jesus.

1. In themselves what were Peter and John like?
2. What astonished people about them?

3. Who did people recognize they had been with?
4. How is this passage an example of glory?
5. What category of temptation and sin is a counterfeit of God's blessing of glory?
6. From the passage in Acts write a description of the blessing of glory.

III. HONOR (Time')

The idea of price or value, positional honor, authority or rank, high social order, high standing among others.

Matthew 20:25-28

Jesus called them together and said, "You know that the rulers of the Gentiles lord it over them, and their high officials exercise authority over them. Not so with you. Instead, whoever wants to become great among you must be your servant, and whoever wants to be first must be your slave just as the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many."

1. How did the Gentiles exercise authority(Gentiles are non-Jews)?
2. What must the person who wants to be great become?
3. What did the Son of Man come to do?
4. To what person does the greatest honor belong to?
5. What category of temptation and sin is a counterfeit of God's promise of honor?
6. From the passage in Matthew write a description of the blessing of honor.

THINKING IT THROUGH



CONTRASTING TRUTH AND DECEPTION

1. Both the self-seeker and seeker of good are striving for peace, glory, and honor; why does one succeed and the other fail?
2. The FOUNDATIONAL LIE underlying the deception that the self-seeker believes is the lie of personal sovereignty, which is the idea that you can get what you need from life separate from God by taking control of your life and being your own master. The LAW OF SLAVERY from lesson one already showed, however, that no man is his own master. What is a man who thinks he is his own master a slave to?
3. The FOUNDATIONAL TRUTH that leads to true peace, glory, and honor is the truth of the sovereignty of God. This is the belief that God is in control and that all of man's needs are met through and by God as man lives in submission to him and seeks to honor him.



COMPARING THE SELF-SEEKER AND THE SEEKER OF GOOD

Remembering from lesson one the two masters and what has been learned in this lesson, fill out the following descriptions.

SELF-SEEKER	SEEKER OF GOOD
Master -	Master -
Belief -	Belief -
Love -	Love -
Slave to -	Slave to -
Result -	Result -



COMPARING SATAN’S COUNTERFEIT AND GOD’S PROMISE

Look at the similarities between peace, glory and honor and lust of the flesh, lust of the eyes, and pride of life by filling out the COMPARISON OF BELIEF Chart. In the statement written under the example circle what you think are key descriptive words.

SATAN’S COUNTERFEIT	GOD’S PROMISE
LUST OF THE FLESH	PEACE
DEFINE:	DEFINE:
EXAMPLE: <i>Proverbs 3:5-6</i>	EXAMPLE: <i>Philippians 4:6-7,11-12</i>
Seeks what seems sweet, doesn’t recognize bitter end.	Real contentment regardless of circumstance.
LUST OF THE EYES	GLORY
DEFINE:	DEFINE:
EXAMPLE: <i>Matthew 23:5-7, 27-28</i>	EXAMPLE: <i>Acts 4:13</i>
Wants to appear good to others without caring about substance.	Life is a reflection of Christ.
PRIDE OF LIFE	HONOR
DEFINE:	DEFINE:
EXAMPLE: <i>Luke 18:9-14</i>	EXAMPLE: <i>Matthew 21:25-28</i>
Focuses on what self does right and others do wrong, fails to see own sin.	The greatest honor belongs to the most humble.



UNDERSTANDING THE CATEGORIES OF SIN

Looking at the three categories of temptation and sin what would be the different motivations for pursuing money?

1. Lust of the flesh
2. Lust of the eyes
3. Pride of life



EVALUATING THE CATEGORIES OF SIN

1. Which category of sin is the easiest to see?

Why?

2. Which category of sin would have the most trouble with this study?

Why?

3. Which two categories could be easily confused with one another?

Why?

CONCLUDING THOUGHTS



CREATION OR CREATOR

Romans 1:25

They exchanged the truth of God for a lie, and worshiped and served created things rather than the Creator who is forever praised

REMEMBER:

The reason why the love of the world is not compatible with the love of God is because it is not from God. You can enjoy God's creation but don't think it will give lasting satisfaction.

1. According to Romans 1:25 in what are people who believe a lie trying to get their needs met?

2. Who is the only one who can meet our needs?



NOTE: Those who love the world seek to have their needs met through God's creation rather than through the Creator. Those who love God seek to have their needs met through the Creator living in them.

REMEMBER:

True glory will come to you as you become the person God wants you to be, not through great accomplishments or status. This principle is true for peace and honor, too. Peace cannot be gotten externally, through God's creation, but only through a right relationship with God. True honor cannot be gained through an ambitious struggle to be better than others but only through submission to God's authority.

03

LESSON THREE:

PROGRESSION OF BELIEF

INTRODUCTION

REVIEW

1. What are the three areas of sin and temptation which make up the love of the world?
2. What three blessings is the love of God comprised of?
p _____, g _____, h _____
3. What are the differences between these two loves?

●●● ■■■ ●●● LESSON FOCUS

This lesson looks at the PROGRESSION OF BELIEF, which is the study of where belief begins and what is the end result of loving and obeying a particular belief. The beginning point of belief is our needs and what we think will meet those needs and benefit us.

Do people most often choose immediate ease or gratification or long-term delayed benefit?

Why?

PRAYER

- Ask for help in understanding the motivation behind your choices of what to believe.
- Pray that God would help you to see your choice of belief.
- Thank God that choosing to believe truth always brings beneficial results.

SEARCHING THE SCRIPTURES



FIRST STEP IN THE PROGRESSION OF BELIEF: BELIEF

We believe in who or what we think will meet our needs and benefit us.

Hebrews 11:24-26

By faith Moses, when he had grown up, refused to be known as the son of Pharaoh's daughter. He chose to be mistreated along with the people of God rather than to enjoy the pleasures of sin for a short time. He regarded disgrace for the sake of Christ as of greater value than the treasures of Egypt, because he was looking ahead to his reward.

1. What did Moses choose?
2. Why did Moses choose what he did?
3. If Moses had chosen to stay in Pharaoh's house, why would he have made that choice?
4. What would Moses have had in Pharaoh's household?
5. How was he able to choose something else as being of greater value?
6. What did Moses focus on as benefiting him?

Philippians 3:7-9

But whatever was to my profit I now consider loss for the sake of Christ. What is more, I consider everything a loss compared to the surpassing greatness of knowing Christ Jesus my Lord, for whose sake I have lost all things. I consider them rubbish, that I may gain Christ and be found in him, not having a righteousness of my own that comes from the law, the righteousness that comes from God and is by faith.



NOTE: Before coming to Christ Paul had tried to become righteous on his own by following the law (The Torah or God's commandments to the Jewish people)

1. What did Paul consider to be of greater value?
2. What was his original belief?
3. What became his belief?
4. What caused him to change his belief?
5. How did he value his former beliefs compared to knowing Christ?



SECOND STEP IN THE PROGRESSION OF BELIEF: LOVE

We love who or what we believe.

Galations 5:6

*For in Christ Jesus neither circumcision nor uncircumcision has any value.
The only thing that counts is faith expressing itself through love.*



NOTE: The Jews believed that circumcision was critical to their relationship with God

1. In Christ what is the only thing that counts?
2. How is faith expressed?

John 3:17-21

For God did not send his Son into the world to condemn the world, but to save the world through him. Whoever believes in him is not condemned, but whoever does not believe stands condemned already because he has not believed in the name of God's one and only Son. This is the verdict: Light has come into the world, but men loved darkness instead of light because their deeds were evil. Everyone who does evil hates the light, and will not come into the light for fear that his deeds will be exposed. But whoever lives by the truth comes into the light, so that it may be seen plainly that what he has done has been done through God.

1. Why did Christ come into the world?
2. What are men saved through?
3. What keeps men from believing in Christ and receiving salvation?

REMEMBER:

What your mind dwells on, what you embrace and hold on to shows what you love. You love what you believe or have faith in.

Psalm 119:30

I have chosen the way of truth; I have set my heart on your laws.



THIRD STEP IN THE PROGRESSION OF BELIEF: OBEDIENCE

We obey who or what we love.

John 14:23-24a

Jesus replied, "If anyone loves me, he will obey my teaching. My Father will love him, and we will come to him and make our home with him. He who does not love me will not obey my teaching.

1John 5:2-3a

This is how we know that we love the children of God: by loving God and carrying out his commands. This is love for God: to obey his commands.

1. Who obeys Christ?
2. Who disobeys Christ?



LAST STEP IN THE PROGRESSION OF BELIEF: RESULT

Our life is the result of who or what we obey.

Romans 6:22-23

But now that you have been set free from sin and have become slaves to God, the benefit you reap leads to holiness, and the result is eternal life. For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord.

1. What is the result of obeying sin?
2. What is the result of obeying righteousness?

THINKING IT THROUGH



PROGRESSION OF BELIEF

1. We b_____ who or what we think will meet our needs.
2. We l_____ who or what we b_____.
3. We o_____ who or what we l_____.
4. Our life is a r_____ of who or what we o_____.

PROGRESSION OF BELIEF STATED BACKWARDS

Sometimes it helps to make the Progression of Belief more clear by stating it backwards.

1. Our life is a r_____ of who or what we o_____.
2. We o_____ who or what we l_____.
3. We l_____ who or what we b_____.
4. We b_____ who or what we think will meet our needs.



PROGRESSION OF BELIEF/CHOICE OF MASTER CHART

Combine the PROGRESSION OF BELIEF from this lesson with the comparison of the self-seeker and the seeker of good from lesson two (page 21) to fill in the following chart.

PROGRESSION OF BELIEF/CHOICE OF MASTER

MASTER IS CHRIST	You will B _____ T _____	You will L _____ G _____	You will O _____ R _____	Result of your life is E _____ L _____
NEEDS				
MASTER IS SATAN	You will B _____ D _____	You will L _____ W _____	You will O _____ S _____	Result of your life is D _____



QUESTIONS FROM THE PROGRESSION OF BELIEF CHART

1. What is the first step that you choose which will affect every step that follows?
2. According to the Masters of Belief chart, what are your choices of what to believe?
3. Remembering that needs are neutral, if you want to change which master you obey with which step do you have to start?
4. When we want to change behavior with which step do we usually start?

Why doesn't that work?
5. Which step shows us clearly which belief we love?
6. What motivates choice of belief?



ILLUSTRATION OF BELIEF

1. What belief is behind a person's decision to rob a bank?
2. Does a man rob a bank to destroy his life?
3. Does the fact that a man robbing a bank believes his actions will benefit him change the ultimate outcome of robbing a bank?

REMEMBER:

People do not make their choice of belief believing that it will destroy them; they believe because they think it will benefit them. To change behavior you have to change the belief that an action will benefit you.



ILLUSTRATION OF BELIEF AND ACTION

1. Does everyone think flossing their teeth once a day is a good idea?
2. How many people actually floss once a day?
3. If a person says that flossing is good but doesn't actually floss, what does that mean?

REMEMBER:

Our actions or what we obey show the reality of our beliefs. Even when we believe something is right our actions show that we are often motivated by the belief that short-term ease or gratification is better than long term benefit. We show what we love by what we let our thoughts dwell on.

CONCLUDING THOUGHTS

●●● ■■■ ●●● THE TRUTH SETS US FREE

John 8:31-32

To the Jews who had believed him, Jesus said, "If you hold to my teaching, you are really my disciples. Then you will know the truth, and the truth will set you free.

1. According to this passage what do you need to do to more consistently pursue God's provision for your needs?
2. What does that mean according to the Progression of Belief?
3. What is the result of knowing and holding on to the truth?
4. What is it that we will be set free from?

REMEMBER:

Knowing and holding on to the truth sets us free from the control Satan can have over us through deceptive ideas.

●●● ■■■ ●●● THE NEED TO LOOK AT OURSELVES

Matthew 7:1-5

Do not judge, or you too will be judged. For in the same way you judge others, you will be judged, and with the measure you use, it will be measured to you. Why do you look at the speck of sawdust in your brother's eye and pay no attention to the plank in your own eye? How can you say to your brother, "Let me take the speck out of your eye," when all the time there is a plank in your own eye? You hypocrite, first take the plank out of your own eye, and then you will see clearly to remove the speck from your brother's eye.

1. As you learn truth about sin what should that understanding be used for?
2. What shouldn't it be used for?

REMEMBER:

God gives us truth so we can examine ourselves and our motives, not to examine other people and their motives.

PUTTING IT INTO PRACTICE



SELF EXAMINATION

Ask yourself, Do my actions show my choice of belief is most often motivated by...

- (a) short-term ease or gratification?
- (b) long-term growth, benefit and blessings?

1. If your answer is "a" (short-term ease or gratification) then you are most often obeying sin and when you obey sin your master is Satan.

2. If your answer is "b" (long-term growth or benefit) then you are most often obeying righteousness and when you obey righteousness your master is Christ.



PERSONAL ACTION

1. Before acting in any area of temptation ask yourself: Am I choosing...
 - (a) short term ease or gratification
 - (b) long term benefit and blessings?

2. Do I want my master to be Satan or Christ?

PRAYER

Write out your personal prayer in response to what you learned in this lesson and the opposition you think you will face this week.

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LESSON FOUR:

MOTIVATORS OF BELIEF

INTRODUCTION

REVIEW

1. Write out the PROGRESSION OF BELIEF.
Needs ▶ B_____ ▶ L_____ ▶ O_____ = R_____
2. What is the LAW OF SLAVERY?
3. What is the FOUNDATIONAL LIE of all sin?

LESSON FOCUS

This lesson will focus on the needs that drive our beliefs.

1. What are the most basic physical needs of mankind?
2. What do you think are some of the other needs that drive men and women?
3. What are some of the ways men and women seek to fulfill some of the above stated needs?

REMEMBER:

Needs are not good or bad, they are just something we have. It is where we seek to have our needs met that is either good or bad.

PRAYER

- Ask for greater understanding of your needs and how God desires to meet those needs.
- Pray that your desire for God would grow.
- Thank God that all our needs are met in and by him as we seek to live according to his truth.

SEARCHING THE SCRIPTURES



ALL OF OUR NEEDS CAN BE MET IN GOD

Psalm 145:18-19

*The Lord is near to all who call on him, to all who call on him in truth.
He fulfills the desires of those who fear him; he hears their cry and saves them.*

1. What will God fulfill for those who fear him?
2. How do desires relate to needs?



NOTE: A desire is something we want because we believe it will meet a need. If we want what God wants, he will meet our needs.



NONE OF OUR NEEDS CAN BE MET OUTSIDE OF GOD

Ecclesiastes 5:18-6:2

Then I realized that it is good and proper for a man to eat and drink, and to find satisfaction in his toilsome labor under the sun during the few days of life God has given him for this is his lot. Moreover, when God gives any man wealth and possessions, and enables him to enjoy them, to accept his lot and be happy in his work this is a gift of God. He seldom reflects on the days of his life, because God keeps him occupied with gladness of heart. I have seen another evil under the sun, and it weighs heavily on men: God gives a man wealth, possessions and honor, so that he lacks nothing his heart desires, but God does not enable him to enjoy them, and a stranger enjoys them instead. This is meaningless, a grievous evil.

1. Who gives us the ability to enjoy what we have?
2. Can we be satisfied apart from God?
3. Apart from God why can't we be satisfied?

Why do you think that is?

4. When does God allow us to enjoy what we've been given? (Refer back to Psalm 145:18-19.)



WE MUST SEEK GOD AND TRUST HIM TO MEET OUR NEEDS

Matthew 6:31-33

So do not worry, saying, "What shall we eat?" or "What shall we drink?" or "What shall we wear?" For the pagans run after all these things, and your heavenly Father knows that you need them. But seek first his kingdom and his righteousness, and all these things will be given to you as well.

1. What does God know about our needs?
2. What is God able to do for those needs?
3. What is our part in God meeting our needs?

CONCLUSION:

If all of our needs can be met in God and none of our needs can be met outside of God then we must seek God and trust him to meet all of our needs.



OUR ESSENTIAL NEED IS SPIRITUAL, NOT PHYSICAL

Deuteronomy 8:2-4

Remember how the Lord your God led you all the way in the desert these forty years, to humble you and to test you in order to know what was in your heart, whether or not you would keep his commands. He humbled you, causing you to hunger and then feeding you with manna, which neither you nor your fathers had known, to teach you that man does not live on bread alone but on every word that comes from the mouth of the Lord. Your clothes did not wear out and your feet did not swell during these forty years.

1. Why did God want to humble and test the Israelites in the desert for 40 years?
2. How did he take care of their physical needs?
3. What did he want to teach them?

What does that mean?

REMEMBER:

If we seek just to have our physical needs met, our more essential spiritual need will never be met. But if we seek first our spiritual need, which is the Kingdom of God in our hearts, then God will meet our physical needs.

THINKING IT THROUGH



THE LAW OF NEEDS

1. A _____ of our needs can be met in G _____. N _____ of our needs can be met o _____ of G _____. Therefore we must s _____ G _____ and t _____ him to m _____ our needs.
2. Our most essential need is s _____. If we seek first our s _____ need then G _____ will meet our p _____ needs.

REMEMBER:

Every behavior is motivated by a need. Is there any action that does not have an intended purpose?

Everyone has needs. If you seek to have your needs met through men, things, or the world you will never be satisfied because you will never get enough of what you want to meet your needs. Only God can satisfy our needs.



MOTIVATORS OF BELIEF - NEEDS

Below are the list of needs. Read through the list and identify what are your 5 strongest needs. In evaluating which of the following are your greatest needs ask the question, "Is _____ very important to me?" If your answer is "yes" then put a check by the need. After you have gone through the list of needs go back and rate the needs you have checked according to their importance to you with #1 being most important. Ask your self, "Is _____ or _____ more important to me?" Pray and give yourself time to do this. Don't try to rush through.

_____ ACCEPTANCE - not being rejected

_____ ACHIEVEMENT - being able to successfully meet goals

_____ APPRECIATION - having others value you or your contribution

_____ BELONGING - having a place or position in a group

_____ COMPETENCE - having the qualities or skills to successfully complete tasks

_____ CONTENTMENT - being satisfied with where you are, what you have, who you are, etc.

_____ EXCELLENCE - performing in an outstanding or superior manner

_____ EXCITEMENT - being stimulated

_____ FRIENDSHIP - being in relationships of mutual affection and goodwill

_____ HAPPINESS - experiencing feelings of joy and pleasure

_____ HARMONY - having things in order so as not to experience conflict or discord

_____ HEALTH - being in a fit state without illness or pain

- _____ INTIMACY - having a deep, personal and affectionate relationship with another
- _____ JUSTICE - having behavior or actions rewarded or punished fairly
- _____ LIBERTY/INDEPENDENCE - being able to exercise free will
- _____ LOVE - being valued by another to the point of personal sacrifice
- _____ MERCY/FORGIVENESS - experiencing undeserved kindness or compassion
- _____ NOBILITY - having a deep and abiding desire and conviction to do what is right regardless of cost or consequence
- _____ ORDER – having things or your environment functioning properly
- _____ PERFECTION - being able to equal or conform to a standard
- _____ PEACE – being in a state of tranquility or serenity
- _____ PERSONAL VALUE/WORTHINESS - having importance or usefulness as a person
- _____ PHYSICAL PROTECTION/SAFETY - being secure that nothing will injure you physically and that you will be protected from danger
- _____ PHYSICAL PROVISION - having your real or perceived needs for food, clothing, and shelter met
- _____ PHYSICAL SATISFACTION/COMFORT - being in a state of physical well-being
- _____ POWER - having authority or being able to exert control
- _____ PRODUCTIVITY - producing results
- _____ PURPOSE - performing actions of value or meaning
- _____ RESPECT - being held in special esteem or consideration
- _____ REST/REFRESHMENT – experiencing relief from pressure; physical, mental or spiritual renewal
- _____ RIGHTEOUSNESS - conforming to a high moral standard
- _____ SELF-EXPRESSION - being able to express your uniqueness, personality or talents
- _____ SEXUAL SATISFACTION - being in a state of sexual contentment
- _____ SIGNIFICANCE - having a lasting impact on others
- _____ STABILITY – having things remain constant
- _____ SUCCESS - attaining accomplishment or fame
- _____ UNDERSTANDING/ WISDOM - being able to confidently comprehend the truth
- _____ VALUED WORK - doing work that has a beneficial result
- _____ VARIETY - delighting in change or things not remaining the same

CONCLUDING THOUGHTS



FULFILLING OUR DESIRES

Psalms 37:4

Delight yourself in the Lord and he will give you the desires of your heart.

James 4:1-4

What causes fights and quarrels among you? Don't they come from your desires that battle within you? You want something but don't get it. You kill and covet, but you cannot have what you want.

You quarrel and fight. You do not have, because you do not ask God. When you ask, you do not receive because you ask with wrong motives, that you may spend what you get on your pleasures.

You adulterous people, don't you know that friendship with the world is hatred toward God?

Anyone who chooses to be a friend of the world becomes an enemy of God.

1. What does it mean to delight in the Lord?
2. What will God do for you when you delight in him?
3. When you delight yourself in the Lord what kind of desires will you have?
4. What kind of desires do quarrels and fights come from?
5. Why do we not receive when we petition God?
6. What does choosing friendship with the world mean you are to God?
7. How do we choose to have friendship with the world?

REMEMBER:

Anytime we try to have our needs met outside of God then we are choosing the love of the world over the love of God.



BEING SATISFIED

If our needs are not being met or our desires are not being satisfied, it is because we are a friend of the world seeking our own pleasure rather than to serve God, seeking to have our needs met our way, rather than God's.

If you are not satisfied, what is that a clue of?

PUTTING IT INTO PRACTICE



SELF-EXAMINATION

1. Take the NEEDS SATISFACTION SELF-TEST on the next page to help you examine whether or not you are trying to get your needs met through God.
2. Use the EVALUATING NEEDS- THE PROGRESSION OF BELIEF worksheets to compare the way the world and God say your needs can be met. Use Appendix B as a reference for related scriptures. Two needs, appreciation and contentment, are filled out as an example.



PERSONAL ACTION

Every time you feel a sense of dissatisfaction ask yourself, “why? How am I seeking to have my needs met through the world rather than God?” Identify what the need is and look up the scripture on the MAN’S NEED/GOD’S ANSWER chart in Appendix B. Work through the Progression of Belief for that need. (See the samples for examples).

PRAYER

Write out your personal prayer in response to what you learned in this lesson and the opposition you think you will face this week.



NEEDS SATISFACTION SELF-TEST

Check answer a or b, whatever is true for you.

1. I am most often very satisfied with my life.
 a. false
 b. true

2. I think if my husband/wife or other people would do things differently I would be more satisfied.
 a. true
 b. false

3. If I had more time for myself, more money, more talents, or lived in a different place, I think I would be happier.
 a. true
 b. false

4. I find my requests to God are answered
 a. seldom
 b. frequently

_____ TOTAL (Score 1 point for each "a" answer, 2 points for each "b" answer.)

SELF-TEST SCORE

- 4 You are not trying to get your needs met through God.
- 5-7 You sometimes try to get your needs met through God.
- 8 You most often try to get your needs met through God.

WHAT MY SELF-TEST MEANS TO ME:

EVALUATING NEEDS – THE PROGRESSION OF BELIEF (SAMPLE)

(Refer to APPENDIX B, MAN'S NEEDS/GOD'S ANSWERS for verses.)

NEED: Appreciation		
SCRIPTURE: Psalm 3:1-4		
	THE DECEPTION OF THE WORLD	THE TRUTH OF GOD
B E L I E F	<i>Others need to appreciate me. My value is dependent on others.</i>	<i>God is the source of honor and appreciation.</i>
L O V E	<i>I dwell on what others think and say about me.</i>	<i>I dwell on what pleases God, what I can do to please and honor Him.</i>
O B E Y	<i>I do whatever will bring me the most recognition and appreciation from others.</i>	<i>I obey God's heart and desires.</i>
R E S U L T	<i>Most of the time I am dissatisfied because the appreciation of others is never enough. I have periods of pride when I am appreciated, thinking that I am great in and of myself.</i>	<i>I have a sense of value and appreciation for all I do. What I do delights God and has eternal value.</i>

NEED: Contentment		
SCRIPTURE: Philippians 4:11-13		
	THE DECEPTION OF THE WORLD	THE TRUTH OF GOD
B E L I E F	<i>I would be content if only I had ... (more money, a better job, a different place to live, etc.).</i>	<i>I am to be and can be content in all circumstances. God and what he has provided are all I really need.</i>
L O V E	<i>Whatever I think I need to be content.</i>	<i>God's material and spiritual provision.</i>
O B E Y	<i>Pursuit of whatever I think I need. Lack of appreciation for what I do have.</i>	<i>Gratitude for what I have been given.</i>
R E S U L T	<i>Since nothing other than a right relationship with God will ultimately satisfy, I will continually be dissatisfied and discontent.</i>	<i>A right relationship with God which results in real satisfaction and contentment.</i>

EVALUATING NEEDS – THE PROGRESSION OF BELIEF

(Refer to APPENDIX B, MAN'S NEEDS/GOD'S ANSWERS for verses.)

NEED:		
SCRIPTURE:		
	THE DECEPTION OF THE WORLD	THE TRUTH OF GOD
B E L I E F		
L O V E		
O B E Y		
R E S U L T		

NEED:		
SCRIPTURE:		
	THE DECEPTION OF THE WORLD	THE TRUTH OF GOD
B E L I E F		
L O V E		
O B E Y		
R E S U L T		

05

LESSON FIVE:

RECOGNIZING WRONG BELIEF

INTRODUCTION

REVIEW

1. What motivates our belief?
2. Why do we choose to believe something?

3. ILLUSTRATION: LOTTERY TICKETS



Do people buy lottery tickets because they want to lose money?

Why do people buy lottery tickets?

What is more likely that they will win or lose money buying lottery tickets?

What do people buying lottery tickets believe in?



NOTE: Statistically you are far more likely to be killed on the way to buying a lottery ticket than you are to win the lottery.

4. What is the LAW OF NEEDS?

A _____ of our needs can be met in G _____. N _____ of our needs can be met o _____ of G _____. Therefore we must s _____ G _____ and t _____ him to m _____ our needs. Our primary need is s _____.

5. What is the FOUNDATIONAL LIE of all sin?

p _____ s _____.

6. What is the EQUATION OF SIN?

t _____ + e _____ d _____ = sin which destroys

7. What are the three areas of sin and temptation?

LESSON FOCUS

This lesson will study the relationship between belief and evil or negative behavior.

When God created the world he made all things good. When we look at evil we have to understand its relationship to the good God created. Evil is broken down good; it is a corruption of good or good not working right. Evil is whatever is harmful to God's creation. In order for evil to exist something good had to exist in the first place.



An illustration of this is rust on a car. When the car comes out of the plant it is in perfect order. However, the corrosive effects of the environment causes the good car to break down and rust. The rust can then be seen as evil in terms of the car because it harms the car. The car will no longer be what it was when it was made. If uncontrolled the rust will eventually destroy the car.

The Bible refers to three kinds of evil we are to separate from: Satan, the world and the flesh. In this lesson we will see that, according to Christ, the evil which destroys us is the flesh which has its origin in our own hearts.

1. What makes behavior evil?
2. Why does God see something as evil?
3. Does evil benefit us?
4. Remembering the PROGRESSION OF BELIEF, what do people who engage in evil behavior believe?
5. Does anyone intentionally want to break himself down or harm himself?

REMEMBER:

Every negative or evil behavior is based on believing a lie that the behavior will benefit you when it is the opposite that is really true; the behavior harms you and others.

PRAYER

- Pray for insight into your own evil.
- Ask God to help you see your sin as He sees it.
- Thank God that Jesus sets us free from the control of sin and that we can choose to offer ourselves as slaves to righteousness rather than slaves to sin.

SEARCHING THE SCRIPTURES



EVIL COMES OUT OF OUR OWN HEARTS

The view of the Jewish religious leaders was that by following certain rituals you could protect yourself from outside evil and make yourself clean.

Mark 7:14-23

Again Jesus called the crowd to him and said, "Listen to me, everyone, and understand this. Nothing outside a man can make him 'unclean' by going into him. Rather, it is what comes out of a man that makes him 'unclean.' After he had left the crowd and entered the house, his disciples asked him about this parable. "Are you so dull?" he asked. "Don't you see that nothing that enters a man from the outside can make him 'unclean'? For it doesn't go into his heart but into his stomach, and then out of his body." (In saying this, Jesus declared all foods "clean.") He went on: "What comes out of man is what makes him 'unclean.' For from within, out of men's hearts, come evil thoughts, sexual immorality, theft, murder, adultery, greed, malice, deceit, lewdness, envy, slander, arrogance and folly. All these evils come from inside and make a man unclean."

1. What makes a man unclean or defiles him?
2. What does not make a man unclean or defile him?
3. Where does evil come from?
4. Looking at the list of evil that comes out of men's hearts what two categories do the listed types of evil fall into?
5. What type of evil (sin) do we tend to judge more?

Is the other type of evil any less evil?

What is the difference between them?

REMEMBER:

The genesis of human evil begins in our own hearts. External evil does not make our hearts evil. It is our response to outside evil or temptation that hurts us.



DEALING WITH EVIL

Everyone wants to be free from the effect of evil. If we think evil is something outside of ourselves then becoming free of evil becomes hopeless, as changing what is outside of us is an impossibility.

If you are in the ocean in a leaky boat, there are two possible solutions to the problem of the boat sinking.

- 1) Get rid of all the water in the ocean and therefore keep the boat from sinking.
- 2) Patch the leak in the boat and make it seaworthy.

Which is the most reasonable solution and why?

It is not possible to get rid of outside evil (Satan, world) but we can patch our own leaks by discovering the lies we personally believe, which lead us to engage in evil and sinful behavior (flesh).

THINKING IT THROUGH



RECOGNIZING YOUR AREAS OF SIN

1. In this section is a partial list of sins taken mostly from Mark 7:21-23, Galatians 5:19-21, and Ephesians 4:29-5:4. This is not a complete list of all possible sins but will be of help to you in identifying personal sin.
2. As you read through the LIST OF SINS rate each sin in terms of how vulnerable you are to giving in to it.

0	Has no appeal, would be very unlikely to sin in this area
1-4	Area of very little temptation
5	The fence; may be tempted in this area but have not given into temptation
6	Occasional but infrequent sin
7	Fairly frequent sin
8	A daily sin
9	Often in a day
10	Committing the sin right now

A person will typically have 5-8 sins rated 6-7 or above out of all the many sins on the list. Don't be discouraged; there are a lot more areas of sin where we are not so subject to temptation than there are areas where we sin. As we identify our areas of sin we are then able to uncover the lies behind them and overcome them through the power of God and his truth.



LIST OF SINS

SINS OF PROVISION/GRATITUDE

- ___ ENVY 1- Feeling of displeasure produced by witnessing or hearing of the advantage or prosperity of another, includes the desire to have another deprived
- ___ ENVY 2- Different from above envy as it carries with it the idea of making evil plans, literally having an evil eye
- ___ FAULT FINDING- Complaining by finding fault with God or others
- ___ GREED- Desire to have more, state in which unable to say, "God, I'm grateful and satisfied with what you have given me right now."
- ___ JEALOUSY- Strong desire to have what another person has and you do not have; differs from envy in the sense that it does not carry with it any feeling of hostile intent toward the person who is the object of your jealousy.
- ___ MURMURING- Indignant complaining and grumbling, expressions of sullen and secret discontent
- ___ SELFISH AMBITIONS – Entering into rivalry, strife, or intrigue
- ___ THEFT- Taking another's possessions without consent.
- ___ WORRY- Anxious concern.

SINS OF MISPLACED FAITH

- ___ ARROGANCE- Lofty imaginations of self.
- ___ HAUGHTINESS- Showing oneself above others, looking down on others.
- ___ FOLLY- Little or no concern for truth.
- ___ IDOLATRY- Anything that takes the place of God in relation to our trust, worship, and adoration.
- ___ SORCERY- Reliance on magical or occult powers; includes power inherent in drugs.

SINS OF THE MOUTH

- COARSE JOKING- Joking that is harsh or derogatory.
- FOOLISH TALK- Empty talk with no more than sound value, excessive speech.
- OBSCENITY- Sexually explicit talk.
- SLANDER- Speaking poorly about another.
- UNWHOLESOME TALK- Talk that fails to build up others.

SINS OF RELATION/CONTROL

- BITTERNESS- Internal, poisonous condition that results from an unwillingness to forgive.
- DECEIT- Setting a trap for another by using deception.
- DISCORD- Contention, quarreling
- DISPUTING- A craving for controversy that produces ruin and achieves no good.
- DISSENSION- Causing or contributing to divisions or disunity within a group.
- FACTIONS- Causing or contributing to discord between groups.
- FITS OF RAGE- Outbursts of anger, explosive rage
- HATRED- Hostile enmity.
- LYING- Speaking falsely, speaking untrue words, reconstructing reality.
- MALICE- Evil intent, opposite of a desire to serve another.
- MEDDLING- Involving yourself in the affairs of someone else without right or invitation.
- MURDER- Murderous thoughts as well as deeds.
- WRATH- Underlying, seething anger.

SINS OF SELF-INDULGENCE

- DEBAUCHERY- Careless disregard for God's rules or order, especially being sexually rebellious.
- DRUNKENNESS- Excessive drinking.
- GLUTTONY- Eating too much.
- ORGIES- Lavish feasting and merry making.
- SLOTH- Sluggish, laziness

SEXUAL SINS

- ADULTERY- Sexual infidelity against your spouse.
- FORNICATION- Illicit sex, any sexual behavior that is against God's perfect design, includes natural sex outside of marriage and perverted sex both inside and outside of marriage, such as sodomy.
- IMPURITY- Dirty, unclean thoughts that come from within the evil of our hearts, in particular, sexually unclean thoughts.



DEVELOPING A PERSONAL SIN PROFILE

1. On the LIST OF SINS circle the six sins to which you gave the highest rating.
2. Take your six sins of highest rating and write up a personal sin profile.

PERSONAL SIN PROFILE

1.	4.
2.	5.
3.	6.

CONCLUDING THOUGHTS

UNCOVERING YOUR SIN

In the next lesson we will be working to uncover the lies we believe that cause us to be a slave to sin. We will see how this works in this lesson by looking at the sin of fits of rage.

EXAMPLE – Fits of rage

- a) What do people hope to achieve when they get angry?

- b) What do people actually achieve when they get angry?

REVIEW: Fill in the following equation for fits of rage.

$$\underline{\hspace{2cm}} \xrightarrow{\text{need}} \underline{\hspace{2cm}} \xrightarrow{\text{lie}} \underline{\hspace{2cm}} \xrightarrow{\text{obey}} \underline{\hspace{2cm}} = \underline{\hspace{2cm}} \text{ actual result}$$

OFFERING OURSELVES TO GOD

Romans 6:11-14

In the same way, count yourselves dead to sin but alive to God in Christ Jesus. Therefore, do not let sin reign in your mortal body so that you obey its evil desires. Do not offer the parts of your body to sin, as instruments of wickedness, but rather offer yourselves to God, as those who have been brought from death to life; and offer the parts of your body to him as instruments of righteousness. For sin shall not be your master, because you are not under law, but under grace.

1. What are we to count ourselves dead to?
2. When we offer the parts of our body to sin as instruments of wickedness what are we believing?
3. What do we do to keep sin from being our master?
4. How do we offer ourselves to God? (1st step in the Progression of Belief)

REMEMBER:

Whichever master and his methods we choose to follow determine whether we will be instruments of wickedness or instruments of righteousness. If we believe a lie we will obey sin, offering ourselves as instruments of wickedness, and Satan will be our master. If we believe truth we will be a slave to righteousness, offering ourselves as instruments of righteousness, and Christ will be our master.

What kind of instrument is anger?

Why?

Does anger ever meet your need?

Why not?

PUTTING IT INTO PRACTICE



SELF-EXAMINATION

As this lesson was mostly an exercise in self-examination pray that you would not be afraid to really look at your sin and call it for what it is, evil human behavior. Remember that it is evil because it harms you and harms others and puts you under the dominion of Satan.



PERSONAL ACTION

Start praying now for God to help you see the lies that you believe which are behind your sins. Pray that you will be willing to honestly look at yourself and what your actions show are the beliefs you love. Refer to APPENDIX D, Categorized Sins, for help in discovering needs that may motivate your beliefs and therefore your sin.

PRAYER

Write out your personal prayer in response to what you learned in this lesson and the opposition you think you will face this week.

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LESSON SIX:

UNCOVERING YOUR WRONG BELIEF

INTRODUCTION

REVIEW

1. Who are the two masters desiring our belief or trust?

2. What is the PROGRESSION OF BELIEF?

Needs ▶ B_____ ▶ L_____ ▶ O_____ = R_____

3. Thinking back to the PROGRESSION OF BELIEF/CHOICE OF MASTER CHART, what are our two choices of what to believe?

What are our two choices of what to love?

What are our two choices of obedience?

4. What is it that motivates belief?

5. Where does human evil come from?



LESSON FOCUS

This lesson will give you tools to help you uncover the lies you believe which cause you to act in sinful, destructive ways.

PRAYER

Write out a prayer asking God to help you be able and willing to uncover your sins.

SEARCHING THE SCRIPTURES



UNCOVERING SIN BRINGS BLESSING AND FORGIVENESS

Psalm 32:1-5

Blessed is he whose transgressions are forgiven, whose sins are covered. Blessed is the man whose sin the Lord does not count against him and in whose spirit is no deceit. When I kept silent my bones wasted away through my groaning all day long. For day and night your hand was heavy upon me; my strength was sapped as in the heat of summer. Then I acknowledged my sin to you and did not cover up my iniquity. I said, "I will confess my transgressions to the Lord" and you forgave the guilt of my sin.

1. What happens to us physically as a result of our trying to hide or cover up our sins?
2. What happens to us spiritually as a result of our trying to hide or cover up our sins?
3. How are we to uncover our sins?
4. When we uncover our sins how does God cover them?
5. What is the difference between the way we cover our sins and God's covering of our sin?
6. When we receive God's forgiveness through uncovering our sins through confession what happens to us physically and spiritually?

REMEMBER:

There is no health in our bodies when we cover our sin. Uncovering our sin can be painful and unpleasant, like an operation to remove a malignant tumor, but it will bring ultimate healing and restoration.



ASK AND RECEIVE

Matthew 7:7-8

Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. For everyone who asks receives; he who seeks finds; and to him who knocks, the door will be opened.

1. What happens when we ask?
2. What happens when we seek?
3. What happens when we knock?

REMEMBER:

We have to really want to uncover our sins for God to do the work in us. If we ask and seek God then he will answer and show us what we need to see.



UNCOVERING YOUR PERSONAL SIN

1. Get together with a partner to help you uncover the lies behind the specific sins you wrote down on your PERSONAL SIN PROFILE in the last lesson. Pick one sin that you don't mind sharing. You can refer to the sin by its name without feeling you have to describe any specific details about the sin. If you are married then your spouse may be the one to help you see the most clearly.
2. As you work to uncover the lies you believe that cause you to sin, have your partner ask the following questions over and over again until you get to the foundational lie of your belief. Write down your answers to these questions on the left side of your SIN WORKSHEET.

What am I trying to gain by _____ ?

What do I hope to accomplish _____ ?

What would I lose if I couldn't do _____ ?

What would I fail to gain if I didn't _____ ?

What would I fail to accomplish if I didn't _____ ?

3. If you can still answer "why?" or don't have the sense that you have reached the real belief behind your sin, stop and pray for insight then continue to try uncovering. Sometimes this process takes time for the Holy Spirit to work and you to get to the lie behind your sin.
4. When you think you have gotten to the foundational lie of your belief ask yourself the question, "What do I actually accomplish by _____?". Write this on the right side of your SIN WORKSHEET then finish filling out the worksheet.



NOTE: If you still think your sin accomplishes what you want ask yourself, "How do I respond to someone else who commits this sin? Do I respect them? Does it accomplish what they want? Are they better off?"

REMEMBER:

As long as you keep believing you will benefit from your sinful behavior you will keep doing the behavior even though the evidence is overwhelming that you get the exact opposite of what you want.

ILLUSTRATION: REFRIGERATOR

If a refrigerator is unplugged from a power source, everything inside of it will become a putrified mess. The refrigerator needs to be opened and cleaned out. Once it is cleaned out it can be plugged in and become useful again.



CONCLUDING THOUGHTS

●●● ■■■ ●●● EXPOSING THE DARKNESS

EPHESIANS 5:8-11

For you were once darkness, but now you are light in the Lord. Live as children of light (for the fruit of the light consist in all goodness, righteousness and truth) and find out what pleases the Lord. Have nothing to do with the fruitless deeds of darkness, but rather expose them.

1. Whose darkness is this passage referring to?
2. Following the PROGRESSION OF BELIEF when we were darkness what did we believe?
Love?
Obey?
3. According to the above Scripture what should our response to darkness be?
4. What is the method we use to expose darkness?
5. When we live in the light what do we believe?
Love?
Obey?

●●● ■■■ ●●● REMEMBERING TRUTH

MEMORIZE

Ephesians 5:11

Have nothing to do with the fruitless deeds of darkness, but rather expose them.

PUTTING IT INTO PRACTICE



SELF-EXAMINATION

1. Do you tend to uncover your own sins or other people's more?
2. What do you believe when you uncover someone else's sin?

Is this true?

3. Do you ever get better uncovering someone else's sin?
4. How will you personally get better?



PERSONAL ACTION

Catch yourself in a sin and ask yourself, "What am I trying to accomplish by my action?"
After catching yourself ask, "What am I actually accomplishing?"

PRAYER

Write out your personal prayer in response to what you learned in this lesson and the opposition you think you will face this week.

SIN WORKSHEET

SIN: _____

WHAT I AM TRYING TO ACCOMPLISH	WHAT I ACTUALLY ACCOMPLISH
<p>What I hope to accomplish is:</p> <p>What I actually accomplish is:</p>	
<p>As long as I believe _____ _____.</p> <p>I will continue to be _____ _____.</p>	
<p>The need motivating this sin:</p> <p>How does God say He will meet this need? (Go to APPENDIX B)</p>	

***Have nothing to do with the fruitless
deeds of darkness, but rather expose them.***

- Ephesians 5:11

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LESSON SEVEN:

BRINGING TRUTH TO WRONG BELIEF

INTRODUCTION

REVIEW

1. Using the terms from the last lesson what are we to do with our sins?
2. When we uncover our sins what does God cover them with?
3. What is the PROGRESSION OF BELIEF? (Lesson 3)
4. What is the EQUATION OF SIN? (Lesson 1)
5. What is the FOUNDATIONAL LIE behind all sin? (Lesson 1)

●●● ■■■ ●●● LESSON FOCUS

This lesson we will be exposing our personal sins to the truth of scripture.

PRAYER

- Thank God for his truth and the light it sheds on your sins.
- Ask God that his truth would be working powerfully in your life.
- Pray that you would want truth more than anything else.

SEARCHING THE SCRIPTURES



LIGHT MAKES EVERYTHING VISIBLE

Ephesians 5:13-17

But everything exposed by the light becomes visible, for it is light that makes everything visible. This is why it is said: "Wake up, O sleeper, rise from the dead, and Christ will shine on you." Be very careful, then, how you live not as unwise but as wise, making the most of every opportunity, because the days are evil. Therefore do not be foolish, but understand what the Lord's will is.

1. What happens to everything exposed to the light?
2. What do we have to wake up from?
3. What makes us dead?
4. When we wake up whose light will shine on us?
5. What does this light do for our vision?
6. What is the light of Christ?
7. What does the light of God's truth do for us?



KNOWING THE TRUTH

Psalms 19:7,8

The law of the Lord is perfect, reviving the soul. The statutes of the Lord are trustworthy, making wise the simple. The precepts of the Lord are right, giving joy to the heart. The commands of the Lord are radiant, giving light to the eyes.

Before you can believe truth you have to know truth. Without knowing truth you have no light to shine on and dispel the darkness. Knowing truth requires diligent study of God's word. We don't find truth unless we desire it and seek after it.

1. Does your study of God's word show you desire truth?
2. If you are not in God's truth on a regular basis, what does that say?

●●● ■■■ ●●● LOVING TRUTH

Philippians 4:8

Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable if anything is excellent or praiseworthy think about such things.

1. What are we to dwell on?
2. Who is the source of these things?

REMEMBER:

We let our hearts and minds dwell on what we love. What does your mind dwell on? What does this show you love? Do you want to become what you're dwelling on?

THINKING IT THROUGH

●●● ■■■ ●●● USING THE LIGHT OF EXAMPLES

Scripture is full of examples of people who follow truth and those who follow deception. In bringing truth to your own sin it is helpful to look at and contrast those examples. We will see how this works as we look at Biblical examples in both a positive and negative way with the sin of bitterness. Look at the sample EXAMPLE'S OF BELIEF for bitterness at the end of the lesson. Refer to APPENDIX C SCRIPTURES FOR PERSONAL STUDY, to see how we got the examples for bitterness.

●●● ■■■ ●●● USING THE LIGHT OF TRUTH

For each one of your sins you need to study what God says you are to do and the promised blessing which is to follow. You also need to examine disobedience in that area and what will be the consequences of following that. To show how this works we will again use the sin of bitterness. Look at the sample STUDY OF SCRIPTURE at the end of the lesson to show how this form would be filled out for the sin of bitterness.

●●● ■■■ ●●● USING THE LIGHT ON YOUR OWN SINS

Using APPENDIX C SCRIPTURES FOR PERSONAL STUDY, start filling in EXAMPLES OF BELIEF forms and STUDY OF SCRIPTURE/CHOICE OF BELIEF forms for each of the sins on your PERSONAL SIN PROFILE. This will take time and is something you should be studying on a regular basis even after this course is completed. (These forms can be found at the end of this lesson and more copies may be made from the masters in APPENDIX E.)

CONCLUDING THOUGHTS

●●● ■■■ ●●● PUTTING ASIDE DARKNESS

Romans 13:11-14

¹¹And do this, understanding the present time. The hour has come for you to wake up from your slumber, because our salvation is nearer now than when we first believed. ¹²The night is nearly over; the day is almost here. So let us put aside the deeds of darkness and put on the armor of light.

¹³Let us behave decently, as in the daytime, not in orgies and drunkenness, not in sexual immorality and debauchery, not in dissension and jealousy. ¹⁴Rather, clothe yourselves with the Lord Jesus Christ, and do not think about how to gratify the desires of the sinful nature.

1. As we wake up from our slumber what five things are we now to do?

Vs. 12a

Vs. 12b

Vs. 13

Vs. 14a

Vs. 14b

2. From what you have learned through this lesson and following the PROGRESSION OF BELIEF what are the steps involved in putting aside the deeds of darkness?

a. Needs

b. Belief

c. Love

d. Obey

e. Result



KNOWING TRUTH

REMEMBER:

First knowing then believing and loving truth through dwelling on it will keep us from following lies into darkness.

When we know, believe, and love truth then we will obey r_____ and
the result of our lives will be a_____ and e_____ life.

PUTTING IT INTO PRACTICE



SELF-EXAMINATION

As you shed light on your sins and begin walking in obedience, be sensitive to the conviction of the Holy Spirit in new areas of your life. As other sins are revealed to you and you uncover the lies behind them, go again to APPENDIX C SCRIPTURES FOR PERSONAL STUDY and shed light on those sins also.



PERSONAL ACTION

Memorize some of the scriptures in the area where you have the most difficulty so that when you come face to face with temptation you can do as Jesus did in the wilderness and respond with the Word of God. Remember to let your mind dwell on the Word of God.

PRAYER

Write out your personal prayer in response to what you learned in this lesson and the opposition you think you will face this week.

EXAMPLES OF BELIEF

SIN: BITTERNESS

SCRIPTURE: <i>Genesis 37:1-36</i>		EXAMPLE: <i>Joseph's brothers</i>
B E L I E V I N G D E C E P T I O N	NEED/SITUATION: <i>Joseph's brothers wanted to be loved or appreciated as Joseph was.</i>	
	BELIEF (Way thought need could be met): <i>If they got rid of Joseph then the problem would be taken care of because they thought Joseph was the problem not their own hearts.</i>	
	LOVE (What chose to dwell on): <i>They allowed their bitterness (hatred) to grow rather than dwell on what was right and good.</i>	
	OBEDIENCE (Action taken): <i>They were going to kill Joseph but sold him into slavery instead. They lied to their father about what happened</i>	
	RESULT (End result of the action): <i>Their father was full of grief. They carried the guilt of their action with them. The family was ripped apart.</i>	

SCRIPTURE: <i>Genesis 50:15-23</i>		EXAMPLE: <i>Joseph</i>
B E L I E V I N G T R U T H	NEED/SITUATION: <i>Joseph was in the position where he could have brought justice against his brothers for what they did.</i>	
	BELIEF (Way thought need could be met): <i>Joseph thought forgiveness and allowing God to be in control was a better way.</i>	
	LOVE (What chose to dwell on): <i>Joseph dwelt on God's mercy and sovereignty. He trusted God to make things right and exercised patience. He wanted to restore his family.</i>	
	OBEDIENCE (Action taken): <i>He forgave his brothers, provided for his family and brought them all together.</i>	
	RESULT (End result of the action): <i>The family of Israel was provided for during the famine. God was glorified.</i>	

STUDY OF SCRIPTURE

SIN: BITTERNESS _____

NEED: _____

SCRIPTURES: Eph. 4:31-5:2; 1 Pet. 3:8-19; Matt. 18:21-35; Col. 3:12-4; Rom. 12:17-21

CHOOSING TRUTH

BELIEF – The truth of God and confession of sin

I need to get rid of all bitterness, rage and anger. I need to set my mind on things above and not repay evil for evil. I need to be kind and compassionate, forgiving others as God forgives me.

Forgive me Lord for wanting to make things right my way instead of seeking you and your truth. Forgive me for the hardness of my heart toward you and others. Forgive me for forgetting that my protection lies in my relationship with you.

LOVE – Dwelling on the truth and praise of God

Thank you, Lord, that through you I know that I am not to hold on to bitterness or repay evil. Thank you that through you I am able to forgive. Thank you that you are my protection and that I am forgiven.

OBEY – Steps of righteousness and turning from sin

I will forgive the evil that was done to me. I will do an act of kindness to them to show my love of God and obedience to his truth. Whenever bitterness creeps in I will sing praises to God. I will acknowledge again my forgiveness of what was done and my own need for forgiveness. I will pray for those who do evil to me.

RESULT – God's promised blessing

I will be set free from the bondage of my bitterness. I will enjoy a restored relationship with God and experience his forgiveness and blessing. The Lord will protect me. I will no longer experience hardness of heart and turmoil. I will not be in bondage to my bitterness. God will forgive me. Others will no longer hurt me.

EXAMPLES OF BELIEF

SIN: _____

SCRIPTURE:		EXAMPLE:
B E L I E V I N G D E C E P T I O N	NEED/SITUATION:	
	BELIEF (Way thought need could be met):	
	LOVE (What chose to dwell on):	
	OBEDIENCE (Action taken):	
	RESULT (End result of the action):	

SCRIPTURE:		EXAMPLE:
B E L I E V I N G T R U T H	NEED/SITUATION:	
	BELIEF (Way thought need could be met):	
	LOVE (What chose to dwell on):	
	OBEDIENCE (Action taken):	
	RESULT (End result of the action):	

STUDY OF SCRIPTURE

SIN: _____ **NEED:** _____

SCRIPTURES:
CHOOSING TRUTH
BELIEF – The truth of God and confession of sin
LOVE – Dwelling on the truth and praise of God
OBEY – Steps of righteousness and turning from sin
RESULT – God's promised blessing



LESSON EIGHT:

CONFESSING WRONG BELIEF

INTRODUCTION

REVIEW

1. **Lesson one** - We looked at the two masters controlling our destinies.

- a) Who are the two masters?
- b) What are the methods of these masters?
- c) What is the LAW OF SLAVERY?

No man is his o_____ master. All men s _____ something.

d) What is the FOUNDATIONAL LIE of all sin?

P _____ S _____

What does that mean?

2. **Lesson two** - We looked at the difference between the love of the world and the love of God.

a) What are the three areas of sin and temptation that comprise the love of the world?

Lust of the _____, Lust of the _____, Pride of _____

b) What are the three areas of blessing that God gives us when we seek him?

P _____, G _____, H _____

c) What is the difference between the love of God and the love of the world?

3. **Lesson three** - We looked at the PROGRESSION OF BELIEF.

What is the PROGRESSION OF BELIEF?

Needs ► B _____ ► L _____ ► O _____ = R _____

4. Lesson four - We studied the motivators of belief.

- a) What are the motivators of belief?
- b) Why do we believe what we do?
- c) What is our essential need?
- d) What is the LAW OF NEEDS?
A _____ of our needs can be met _____ in God. Needs _____ of our needs can be met _____ outside of God. Therefore we must seek _____ God and thank _____ God to meet _____ our needs.

5. Lesson five - We identified personal sin.

- a) Where does our own evil come from?
- b) What makes behavior evil?

6. Lesson six - We uncovered our sins.

- a) What happens to us physically and spiritually if we don't uncover our sins?
- b) When we uncover our sins what action does God take?
- c) Whose darkness are we to uncover?

7. Lesson seven - We learned to bring truth against the lies we believe.

- a) What is the first step in uncovering deception?
- b) After seeing the lies we believe, in terms of the Progression of Belief what are the steps involved in putting aside the deeds of darkness?



LESSON FOCUS

In this lesson you will be composing your own personal prayer of repentance and request for God's help.

SEARCHING THE SCRIPTURES



THE ELEMENTS OF PRAYER

David composed the following prayer after he had committed adultery with Bathsheba and then had her husband killed to cover up his sin. He deserved to die for what he had done but God chose to extend him mercy.

Psalm 51:1-17

¹Have mercy on me, O God, according to your unfailing love; according to your great compassion blot out my transgressions. ²Wash away all my iniquity and cleanse me from my sin.

³For I know my transgressions, and my sin is always before me. ⁴Against you, you only, have I sinned and done what is evil in your sight, so that you are proved right when you speak and justified when you judge.

⁵Surely I was sinful at birth, sinful from the time my mother conceived me. ⁶Surely you desire truth in the inner parts; you teach me wisdom in the inmost place.

⁷Cleanse me with hyssop, and I will be clean; wash me, and I will be whiter than snow. ⁸Let me hear joy and gladness; let the bones you have crushed rejoice. ⁹Hide your face from my sins and blot out all my iniquity.

¹⁰Create in me a pure heart, O God, and renew a steadfast spirit within me. ¹¹Do not cast me from your presence or take your Holy Spirit from me. ¹²Restore to me the joy of your salvation and grant me a willing spirit, to sustain me.

¹³Then I will teach transgressors your ways, and sinners will turn back to you.

¹⁴Save me from bloodguilt, O God, the God who saves me, and my tongue will sing of your righteousness. ¹⁵O Lord, open my lips, and my mouth will declare your praise.

¹⁶You do not delight in sacrifice, or I would bring it; you do not take pleasure in burnt offerings. ¹⁷The sacrifices of God are a broken spirit; a broken and contrite heart, O God, you will not despise.

1. There are six elements or actions which make up David's prayer:

- a) acknowledgment of truth
- b) confession
- c) requests
- d) praise/thanksgiving
- e) personal response
- f) yield/submission to God's will

2. Go through the Psalm verse by verse and write down on the next page what David's focus is in each verse. After you have written down David's focus, write down the action of prayer according to the above list.

DAVID'S PRAYER OF REPENTANCE

VERSES	DAVID'S FOCUS	ACTION/ELEMENTS
1-2		
3-4		
5-6		
7-9		
10-12		
13		
14-15		
16-17		

1. What were David's requests always tied to?

2. What were David's requests for?

3. Were David's request conformed to God's desires?
How?

THE RESPONSIBILITY OF ANSWERED PRAYER

PSALM 51:13-17

¹³Then I will teach transgressors your ways, and sinners will turn back to you. ¹⁴Save me from bloodguilt, O God, the God who saves me, and my tongue will sing of your righteousness. ¹⁵O Lord, open my lips, and my mouth will declare your praise. ¹⁶You do not delight in sacrifice, or I would bring it; you do not take pleasure in burnt offerings. ¹⁷The sacrifices of God are a broken spirit; a broken and contrite heart, O God, you will not despise.

1. What three things did David see as his responsibility after God answered his prayer?
 - a) vs. 13
 - b) vs. 14,15
 - c) vs. 17
2. Before David taught others God's way, what had to happen in his life?
3. What was David's praise of God connected to?
4. How was it possible for David to be humble?



THINKING IT THROUGH



PRAYER OF REPENTANCE

Write out your own prayer of repentance and request for God's help using the elements of David's prayer.

1. Acknowledgment of God and truth (Who God is)
2. Confession of personal sin (What I have done)
3. Requests according to God's truth and character (transformation, willing and humble spirit, Ability to Tell Others)
4. Gratitude and praise for the character and deeds of God
5. Personal commitment and response (Personal actions in response to God's actions)
6. Yielding and submission to God and his purposes



PRAYER OF REPENTANCE

Share one another's prayers.

James 5:16a

Therefore, confess your sins to each other and pray for each other so that you may be healed.

CONCLUDING THOUGHTS



BEING TRANSFORMED

Romans 12:1-2

Therefore, I urge you, brothers, in view of God's mercy, to offer your bodies as living sacrifices, holy and pleasing to God - this is your spiritual act of worship. Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is - his good, pleasing and perfect will.

1. In light of what Christ has done for us there is only one reasonable response for us to give to him and that is to become a living sacrifice. What do you think it means to be a living sacrifice?
2. The truth is that we sacrifice our lives to either God or the world. If we give ourselves to the world then the world conforms us. If we give ourselves to Christ then Christ transforms us. What is the difference between being conformed and being transformed?
3. Transform is from the Greek word, *metamorpho*. Our word metamorphosis comes from this word. It means to be changed into something of a totally different nature as a caterpillar is transformed into a butterfly. Conform comes from the Greek word, *suschematizo*. It means to be fashioned or shaped with the substance remaining the same.
4. According to Romans 12:1-2 how are we transformed?

What step on the PROGRESSION OF BELIEF is that?

5. How are we conformed to the world? (1 Peter 1:14 As obedient children, do not conform to the evil desires you had when you lived in ignorance.)



NOTE: Conform is something we do. Transform is something that is done to us as we yield ourselves to God.



EXPERIENCING THE POWER OF TRANSFORMATION

When we are transformed we can test God's perfect will like a butterfly can test flight. A caterpillar does not have the ability to test flight.

Once we are transformed we are not broken anymore so our design can be tested. Whenever engineers make a new airplane they must first design it, then build it, then test it to discover if what was designed and built is a good thing and works well.

Once we are transformed we can test God's will and discover that it is good. Good means that it works. It functions the way it is designed to function. Evil means it doesn't work. It is a failed design.

1. Do you want to be conformed or transformed?
2. According to the PROGRESSION OF BELIEF what do you need to do to be transformed?

PUTTING IT INTO PRACTICE



SELF-EXAMINATION

As the Holy Spirit reveals specific actions of sin to you, fill out the STEPS FOR OVERCOMING SIN for the specific action of sin which you committed.



PERSONAL ACTION

Continue to pray for insight into lies you believe and pray that you will be acutely aware of the first step you take into darkness, the lie you believe that puts you under Satan's domain rather than Christ's domain. Continue to bring truth against lies you believe.

STEPS FOR OVERCOMING SIN

SIN: _____

1. SPECIFIC SIN ACTION OR SITUATION: (Write out what happened.)
2. BELIEF MOTIVATING ACTION (What I Hoped to Accomplish):
3. RESULT OF ACTION (What I Actually Accomplished):
4. NEED MOTIVATING THIS ACTION:
5. GOD'S WAY TO MEET THIS NEED: (Look up in APPENDIX B, MAN'S NEEDS/GOD'S ANSWERS.)
6. PRAYER OF REPENTANCE:
7. STEPS OF RESOLVE (My Choice of Belief): (Read the scriptures relating to this sin in APPENDIX C, SCRIPTURES FOR PERSONAL STUDY for help in writing this out.)
8. PROMISED BLESSING (The Result of Acting in Truth):

APPENDICES

A **E**



LESSON ONE ANSWERS

INTRODUCTION

FOUNDATIONAL SCRIPTURE

1. Satan, Christ.
2. Destruction, full life.
3. No one.

SEARCHING THE SCRIPTURES

WHO IS OUR ENEMY?

1. Powers of darkness, spiritual forces of evil.
2. Flesh and blood, i.e., other people.
3. Other people.
4. The devil's false teaching and seductive tricks.
5. Satan and the powers of darkness.
6. The seductive, crafty ideas of Satan and his demonic forces.

WHAT IS THE GOAL OF OUR ENEMY?

1. To destroy and devour.
2. No one.
3. He deceives us into thinking he has something to offer.

WHAT IS OUR ENEMY'S METHOD?

1. Craftiness, distortion of truth, deception, temptation.
2. Lies, blinds us to the truth.

HOW DOES THE METHOD WORK?

1. Through temptation, enticement.
2. Where we have evil desires.
3. temptation + evil desires = sin which destroys
4. Remove the temptation or remove the desire.
Remove the desire.
It would be impossible to remove or control all temptation.

ILLUSTRATION

- a. Change the desire.
There is no way to stop all the drugs from coming into the country.
- b. They stop taking drugs.
- c. They start taking drugs again.
The desire is still there.

WHO IS OUR SAVIOR?

1. God's Son, Jesus.
2. Independence, being their own master, worldly acclaim, pleasure.

WHAT IS THE GOAL OF OUR SAVIOR?

1. Fullness of life, eternal life.
2. Complete and satisfying life on earth, eternal life thereafter.

WHAT IS THE SAVIOR'S METHOD?

1. He speaks the truth.
2. We think we know better than God, that we are smarter or have greater understanding than he does.
We don't really believe the truth.

LESSON ONE ANSWERS

Lesson 1 (cont.)

WHAT MAKES THE SAVIOR'S METHOD WORK?

1. We believe in the truth.
2. Whether we think it is true or whether we think it will benefit us.

ILLUSTRATION

- a. No.
- b. Future benefit.
- c. No one.

THINKING IT THROUGH

MASTERS OF BELIEF CHART

<ol style="list-style-type: none"> 1. Satan and forces of darkness 2. To destroy. 3. Deception, lies. 4. Temptation plus our evil desires. 	<ol style="list-style-type: none"> 1. Christ 2. Abundant and Eternal life 3. Truth 4. Belief in the truth
What is opposite about these two masters? What do both masters want us to do?	Goals and methods. Believe and follow.

CONCLUDING THOUGHTS

ALL MEN ARE SLAVES

1. Slaves, slavery.
2. Righteousness or sin.
3. Whoever or whatever he offers himself to and obeys.
4. Righteousness (eternal life) or death.
5. No.
6. Themselves.
7. They are really a slave to sin.
8. Who they will be a slave to or obey.
9. That we can be our own master.
10. We serve him and his purposes.

THE FOUNDATIONAL LIE

Personal sovereignty. You are in control and run your own life.

CHOICE OF SLAVERY

A man is a (slave) to whatever he (believes).
 If you are a (slave) to (sin) the result is (death).
 If you are a (slave) to (righteousness) the result is (eternal life).

THE LAW OF SLAVERY

If you are not a (slave) to (righteousness) then you are a (slave) to (sin).

PUTTING IT INTO PRACTICE

PERSONAL ACTION

1. Yes, because Satan does not want me to understand his lies and see how I am serving him.
2. Acknowledge that there will be opposition. Pray for protection and insight.
Resolve to persist in spite of opposition.
3. Resolve not to miss even when it is difficult to get to the study.

LESSON TWO ANSWERS

INTRODUCTION

REVIEW

1. Satan - deception, Christ - truth.
2. No man is his own master. All men serve something.
3. Personal sovereignty.
4. Temptation + evil desires = sin that destroys

SEARCHING THE SCRIPTURES

THE LOVE OF THE WORLD

1. Because it does not come from God.
2. Death. It will pass away. It has no eternal value.
3. Satan. You are not following the will of God. The love of the Father is not in you. You believe deception and reject truth.
4. Lust of the flesh, lust of the eyes, pride of life.

THE CATEGORIES OF SIN AND TEMPTATION

I. LUST OF THE FLESH

1. They think it will satisfy, meet their needs. They want immediate gratification.
2. It will not last. It is bitter in the end.
3. Death and destruction.
4. Pleasure, physical satisfaction, excitement, peace.
5. Seeks pleasure apart from God, doesn't recognize the bitter end.

II. LUST OF THE EYES

1. How they appear to others.
2. Real substance or character.
3. They love to look good and hold places of honor but don't care about real character.

III. PRIDE OF LIFE

1. In the areas where others did wrong and he did right.
2. They weren't as good as he was.
3. His own sin.
4. Because he exalted himself and didn't acknowledge his own sin and need for forgiveness.
5. Strives to be better than others and sees self as righteous. Looks at the sin of others and not at his own sin.

THE LOVE OF GOD

1. Self seekers, seekers of good.
2. Reject the truth and follow evil.
3. No.
4. Peace, glory and honor.
5. God.
6. According to what he has done.
7. Yes. Because God wants to give it to us.
8. Yes. Because they want to get it on their terms. They reject God's way and follow their own path.
9. The seeker of good.
10. The self seeker.
11. Wrath, anger, destruction.
12. The world.
13. God.

LESSON TWO ANSWERS

Lesson 2 (cont.)

THE BLESSINGS OF GOD

I. IMMORTALITY

1. Transcending all understanding. It is available in all circumstances.
2. At all times in Christ.
3. Through prayer and petition with thanksgiving. By asking and seeking God.
4. Lust of the flesh.
5. Peace that surpasses understanding and will protect and guard our hearts in all circumstances. A state of harmony in Christ regardless of circumstances.

II. GLORY

1. They were unschooled, ordinary men.
2. Their courage and understanding.
3. Jesus.
4. Christ was reflected in their character. Who they were was a result of who they had been with.
5. Lust of the eyes.
6. Reflecting the glory of Christ as a result of his work in the heart. The outside presentation is a result of the work inside.

III. HONOR

1. By lording it over others.
2. A servant.
3. To serve and give his life.
4. The greatest servant, the most humble.
5. Pride of life.
6. The greatest honor belongs to the most humble servant.

THINKING IT THROUGH

CONTRASTING TRUTH AND DECEPTION

1. One seeks to get it his way without submitting to God. The other seeks to gain it through God.
2. Sin, Satan

COMPARING THE SELF-SEEKER AND THE SEEKER OF GOOD

SELF-SEEKER	SEEKER OF GOOD
Master - Satan	Master - Christ
Belief - Deception	Belief - Truth
Love - The world	Love - God
Slave to - Sin	Slave to - Righteousness
Result - Death, destruction	Result - Abundant, eternal life

LESSON TWO ANSWERS

Lesson 2 (cont.)

COMPARING SATAN'S COUNTERFEIT AND GOD'S PROMISE

SATAN'S COUNTERFEIT	GOD'S PROMISE
LUST OF THE FLESH	PEACE
DEFINE: Trying to satisfy self apart from God by going after what feels good.	DEFINE: Harmony, wholeness without corruption
EXAMPLE: Proverbs 3:5-6	EXAMPLE: Philippians 4:6-7, 11-12
Seeks what <u>seems sweet</u> , doesn't recognise <u>bitter end</u> .	<u>Real contentment</u> regardless of circumstance.
LUST OF THE EYES	GLORY
DEFINE: Trying to satisfy self apart from God by going after what looks good.	DEFINE: What radiates from a person as a result of who they are in Christ.
EXAMPLE: Matthew 23:5-7, 27-28	EXAMPLE: Acts 4:13
Wants to <u>appear good</u> to others <u>without</u> caring about <u>substance</u> .	Life is a <u>reflection of Christ</u> .
PRIDE OF LIFE	HONOR
DEFINE: Trying to satisfy self apart from God by being better than others.	DEFINE: Value, positional honor
EXAMPLE: Luke 18:9-14	EXAMPLE: Matthew 21:25-28
Focuses on what self does right and others do wrong, <u>fails to see own sin</u> .	The <u>greatest honor</u> belongs to the <u>most humble</u> .

UNDERSTANDING THE CATEGORIES OF SIN

1. Lust of the flesh to spend it on pleasure, comfort.
2. Lust of the eyes For prestige, so people will look up to them.
3. Pride of life Believing that having more money would make them better than others.

EVALUATING THE CATEGORIES OF SIN

1. Lust of flesh. It is evident in actions and consequences. You carry the result of it around.
2. Pride of life. Because they do good and think of themselves as being good but are unwilling to look at their own sin.
3. Lust of the eyes and pride of life. Because they both look good. The motive for looking good is different but that is not always easy to determine.

CONCLUDING THOUGHTS

CREATION OR CREATOR

1. Created things.
2. God.

LESSON THREE ANSWERS

INTRODUCTION

REVIEW:

1. Lust of the flesh, lust of the eyes, pride of life.
2. Peace, glory, honor.
3. One comes from God, the other we try to get on our own apart from God.

LESSON FOCUS

Immediate ease or gratification.

It is easier. They believe deception and think it will benefit them.

SEARCHING THE SCRIPTURES

FIRST STEP - BELIEF

WE BELIEVE IN WHO OR WHAT WE THINK WILL MEET OUR NEEDS AND BENEFIT US

1. To be mistreated along with the people of God.
2. He thought it was of greater value. He was looking ahead to his reward.
3. He would have thought that was of greater value or benefit.
4. All the pleasures of Egypt.
5. Because he was looking ahead to his reward. He wanted what God wanted.
6. The eternal reward, being with Christ.

1. Knowing Christ.
2. That he gained righteousness on his own through the law.
3. Righteousness comes from God through faith.
4. He saw the surpassing greatness of the truth.
5. He considered them rubbish.

SECOND STEP - LOVE

WE LOVE WHO OR WHAT WE BELIEVE

1. Faith
2. Through love.

1. To save the world.
2. Believing in Christ.
3. They love the darkness rather than the light.

THIRD STEP - OBEDIENCE

WE OBEY WHO OR WHAT WE LOVE

1. Those who love him.
2. Those who don't love him.

LAST STEP - RESULT

OUR LIFE IS THE RESULT OF WHO OR WHAT WE OBEY

1. Death.
2. Eternal life, holiness.

THINKING IT THROUGH

PROGRESSION OF BELIEF

1. We (believe) in who or what we think will meet our needs.
2. We (love) who or what we (believe).
3. We (obey) who or what we (love).
4. Our life is a (result) of who or what we (obey).

LESSON THREE ANSWERS

Lesson 3 (cont.)

PROGRESSION OF BELIEF STATED BACKWARDS

1. Our life is a (result) of who or what we (obey).
2. We (obey) who or what we (love).
3. We (love) who or what we (believe).
4. We (believe) who or what we think will meet our needs.

PROGRESSION OF BELIEF/CHOICE OF MASTER CHART

MASTER IS CHRIST

You will believe truth. You will love God. You will obey righteousness.
Result of your life is abundant life (eternal life).

MASTER IS SATAN

You will believe deception. You will love the world. You will obey sin.
Result of your life is loss or destruction, death.

QUESTIONS FROM THE PROGRESSION OF BELIEF/CHOICE OF MASTER CHART

1. Belief.
2. Truth or deception.
3. Belief.
4. Obedience. Because you haven't changed the belief that motivates your obedience.
5. Obedience.
6. What you think will meet your needs or benefit you.

ILLUSTRATION OF BELIEF

1. That he is going to get a lot of money (benefit).
2. No.
3. No.

ILLUSTRATION OF BELIEF AND ACTION

1. Yes.
2. Probably 50 percent or less.
3. That they think the ease of not flossing will satisfy more than the benefit gained by flossing.

CONCLUDING THOUGHTS

TRUTH SETS US FREE

1. Hold on to Christ's teaching and know the truth.
2. You have to love and obey the truth.
3. You will be set free.
4. Slavery to sin, Satan's control, deception.

THE NEED TO LOOK AT OURSELVES

1. To look at your own sin.
2. To look at the sin of others, especially your spouse.

LESSON FOUR ANSWERS

INTRODUCTION

REVIEW:

1. Needs > belief > love > obey = result
2. No man is his own master. All men serve something.
3. Personal sovereignty.

LESSON FOCUS

1. Food, shelter, clothing, companionship.
2. Acceptance, purpose, peace, etc. (Answers will vary.)
3. (Answers will vary.)
 - Acceptance - by doing what pleases others.
 - Purpose - drive, ambition to succeed in work.
 - Peace - drugs, alcohol, etc.

SEARCHING THE SCRIPTURES

ALL OF OUR NEEDS CAN BE MET IN GOD

1. Fulfill their desires.
2. Our desires are how we want our needs to be met.

NONE OF OUR NEEDS CAN BE MET OUTSIDE OF GOD

1. God.
2. No.
3. God won't allow it. Because we would not seek him. We would continue to seek after what destroys.
4. When we call on him and seek him in truth.

WE MUST SEEK GOD AND TRUST HIM TO MEET OUR NEEDS

1. Everything
2. Meet them.
3. Seek first his kingdom and his righteousness, not our needs to be met.

OUR ESSENTIAL NEED IS SPIRITUAL NOT PHYSICAL

1. To test them and know what was in their hearts, whether or not they would obey him.
2. He gave them manna. Their shoes didn't wear out.
3. That man does not live by bread alone but by every word that comes from the mouth of God. Our spiritual provision is more important than our physical provision.

THINKING IT THROUGH

THE LAW OF NEEDS

1. All of our needs can be met in God. None of our needs can be met outside of God. Therefore we must seek God and trust God to meet our needs.
2. Our most essential need is spiritual. If we seek first our spiritual need then God will meet our physical needs.

CONCLUDING THOUGHTS

FULFILLING OUR DESIRES

1. Take great pleasure in him, recognize his goodness and attributes. Want to be with him.
2. Give you the desires of your heart.
3. His desires.
4. Our evil desires, selfish ones.
5. We ask with wrong motive to please ourselves.
6. His enemy.
7. We seek to have our needs met in the world. We put fulfilling our desires ahead of seeking God.

BEING SATISFIED

I am seeking to have my needs met outside of God.

LESSON FIVE ANSWERS

INTRODUCTION

REVIEW

1. Our needs.
2. We think it will meet our needs and benefit us.
3. Illustration:
 - a. No.
 - b. They hope they will win something, that it will benefit them.
 - c. Lose.
 - d. A lie that they will benefit.
4. All of our needs can be met in God. None of our needs can be met outside of God. Therefore we must seek God and trust him to meet our needs. Our primary need is spiritual.
5. The lie of personal sovereignty.
6. Temptation + evil desires = SIN
7. Lust of the flesh, lust of the eyes, pride of life.

LESSON FOCUS

1. It is harmful to us or others.
2. It harms his good creation; it is contrary to his design.
3. No.
4. The lie that it will benefit them.
5. No.

SEARCHING THE SCRIPTURES

EVIL COMES OUT OF OUR OWN HEARTS

1. What comes out of him.
2. What is outside of him.
3. From within our own hearts.
4. Visible or action evil and private or thought evil. (thoughts, deeds)
5. The visible actions.
 - No.
 - One other people see. The other we can hide or cover up.

DEALING WITH EVIL

Patch the boat. It is impossible to get rid of all the water.

CONCLUDING THOUGHTS

UNCOVERING YOUR SIN

1. EXAMPLE Fits of rage
 - a. Control, order, respect, obedience, justice, harmony, etc.
 - b. chaos, disrespect, disorder, etc.
2. REVIEW
 - order > anger will restore order > fits of rage = chaos, disorder
 - (need) (lie) (obey) (actual result)

OFFERING OURSELVES TO GOD

1. Sin.
2. Believing the lie that sin benefits us.
3. Offer ourselves to God as instruments of righteousness
4. Uncover the lies we believe, choose long term benefit over short term ease or gratification.
Believe and love God's truth.

REMEMBER

Wickedness. It is harmful, contrary to God's purposes. No, it doesn't meet the need or achieve righteousness.

LESSON SIX ANSWERS

INTRODUCTION

REVIEW

1. Satan and Christ.
2. Needs > Belief > Love > Obey = Result
3. Truth or deception.
World or God.
Sin or righteousness.
4. Needs.
5. Our own hearts.

SEARCHING THE SCRIPTURES

UNCOVERING SIN BRINGS BLESSING AND FORGIVENESS

1. Our bodies are fatigued and sick.
2. We are spiritually sick, separated from God.
3. By acknowledging them.
4. With forgiveness.
5. We try to hide them and pretend they don't exist. God reveals them and forgives them so they no longer exist.
6. Spiritual and physical health, restoration.

ASK AND RECEIVE

1. We receive.
2. We find.
3. The door is opened to us.

THINKING IT THROUGH

EXAMPLES OF UNCOVERING SIN

1. Pay back, pity, justification, feel have right, wanting to be right, etc. (Answers will vary.)

CONCLUDING THOUGHTS

EXPOSING THE DARKNESS

1. Our own.
2. Deception. The world. Sin.
3. Expose it, have nothing to do with it.
4. Truth.
5. Truth. God. Righteousness.

PUTTING IT INTO PRACTICE

SELF-EXAMINATION

1. Others.
2. That mine is not that bad. I can make them better. No.
3. No.
4. By uncovering and dealing with my own sin.

LESSON SEVEN ANSWERS

INTRODUCTION

REVIEW

1. Uncover them.
2. Forgiveness.
3. Needs > Belief > Love > Obey = Result
4. Temptation + evil desires = SIN
5. Personal sovereignty.

SEARCHING THE SCRIPTURES

LIGHT MAKES EVERYTHING VISIBLE

1. It becomes visible.
2. Being dead.
3. Our sins.
4. Christ's.
5. Makes us able to see.
6. Truth.
7. Wisdom and understanding of God's will.

KNOWING TRUTH

2. It's not really important to you.

LOVING TRUTH

1. Whatever is true, noble, right, pure, lovely, excellent, praiseworthy.
2. God.

CONCLUDING THOUGHTS

PUTTING ASIDE DARKNESS

1.
 - Vs. 12 Put aside deeds of darkness.
 - Vs. 12 Put on armor of light.
 - Vs. 13 Behave decently.
 - Vs. 14a Clothe self with Jesus.
 - Vs. 14b Do not think about how to gratify the sinful nature.
2.
 - a. Needs: Look to God rather than the world to meet needs.
 - b. Belief: Believe what God says in his word.
 - c. Love: Dwell on (embrace) the word of God.
 - d. Obey: God's law, his truth.
 - e. Result: Blessings, abundant life

KNOWING TRUTH

Righteousness, abundance

LESSON EIGHT ANSWERS

INTRODUCTION

REVIEW

1.
 - a. Christ and Satan.
 - b. Truth and deception
 - c. No man is his own master. All men serve something. If we are not a slave to righteousness then we are a slave to sin.
 - d. Personal sovereignty. The idea that I am in control rather than God.
2.
 - a. Lust of the flesh, lust of the eyes, pride of life.
 - b. Peace, glory, honor.
 - c. The love of the world is something we try to get for ourselves apart from God. The love of God is the working of God in us as we seek him.
3.
 - a. Needs > Belief > Love > Obey = Result
4.
 - a. Needs.
 - b. We think it will benefit us.
 - c. Spiritual.
 - d. All of our needs can be met in God. None of our needs can be met outside of God. Therefore we must seek god and trust God to meet our needs.
5.
 - a. Our own hearts.
 - b. It is contrary to God's design. It is harmful to ourselves and others.
6.
 - a. Our health suffers, we are separated from God, and we don't experience forgiveness.
 - b. He covers them with forgiveness.
 - c. Our own.
7.
 - a. Recognizing it for what it is. Seeing truth.
 - b. Uncovering lies > Knowing and believing truth > loving and then acting on truth.

SEARCHING THE SCRIPTURES

THE ELEMENTS OF PRAYER

VERSES	DAVID'S FOCUS	ACTION/ELEMENTS
1-2	Appeals to God's mercy & compassion, knows God is able to cleanse. Asks for cleansing.	acknowledgment, request, confession
3-4	Admits and confesses sin. Knows that sin is against God and God is justified.	acknowledgment, confession
5-6	States his sinful state (original sin) and God's desire for truth.	acknowledgment, confession
7-9	Invites God to cleanse him. Acknowledges the result of being cleansed.	request
10-12	Asks for restoration and transformation. He doesn't want to be separated from God.	request
13	States that after he has been restored he will teach others and they will turn to God	personal response
14-15	Plea for forgiveness and praise for what God has done and can and will do.	request, praise, personal response
16-17	States what God does and does not want. Acknowledges the benefit of humility and the need to do what God desires	acknowledgment, yield

1. God's character, an acknowledgment of who God is and what he is able to do.
2. Forgiveness, cleansing, restoration, transformation, help.
3. Yes. They were in line with God's word and his character.

LESSON EIGHT ANSWERS

Lesson 8 (cont.)

THE RESPONSIBILITY OF ANSWERED PRAYER

1.
 - a. Teach others.
 - b. Praise God.
 - c. To be humble before God.
2. Uncover and be cleansed of his own sin.
3. God's action in David's life and God's character.
4. He knew who God was and who he was in comparison to God and that he was not able to cleanse or restore himself.

CONCLUDING THOUGHTS

BEING TRANSFORMED

1. To give up what we want, to die to ourselves, to submit ourselves completely to Christ and follow his way.
2. Conformed - we become like something.
Transformed - We are changed.
4. By the renewing of our minds. First, belief.
5. We give in to evil desires and let them have control of us.

EXPERIENCING THE POWER OF TRANSFORMATION

Uncover lies and seek truth.
Know, believe, love truth.
Obey truth.

MAN'S NEEDS/GOD'S ANSWERS

Psalm 37:4

Delight yourself in the Lord and he will give you the desires of your heart.

- ACCEPTANCE – Romans 15:5-7 (Accepted by Christ)
- ACHIEVEMENT – John 15:5-8 (Through connection to Christ for God's glory)
- APPRECIATION – Psalm 3:1-4 (Glory from God)
- BELONGING – Ephesians 2:19-22 (Member of Christ's household)
- COMPETENCE – 2 Corinthians 12:7-10 (God's strength in our weakness)
- CONTENTMENT – Philippians 4:11-13 (Contentment in all through Christ)
- EXCELLENCE – Psalm 26:1-12 (Following God's path, praising his excellence)
- EXCITEMENT/VARIETY – Ephesians 5:15-20 (Filled with the Spirit, make most of every opportunity)
- FRIENDSHIP – John 15:14-15 (Friendship with Christ)
- HAPPINESS – John 15:9-12 (Abiding in Christ's love)
- HARMONY – Ephesians 2:14-18 (Peace through Christ)
- HEALTH – Psalm 32:1-7 (Health through forgiveness of sin)
- INFLUENCE – Matthew 5:13-16 (Shining light brings God praise)
- INTIMACY – Genesis 2:20b-24 (One flesh relationship)
- JUSTICE – Psalm 37:5-11 (Justice God's way and in his time)
- LIBERTY/INDEPENDENCE – John 8:31-36 (Freedom through truth)
- LOVE – 1 John 4:7-12 (Christ's love and sacrifice)
- MERCY/FORGIVENESS – Matthew 6:14-15 (Forgiveness as we forgive)
- NOBILITY – John 12:24-27 (Dying to self)
- ORDER – 1 Corinthians 14:33, Colossians 2:15 (Seek God's order)
- PEACE – John 14:25-27 (Presence of Holy Spirit)
- PERFECTION – Colossians 1:22-23 (Made perfect through Christ)
- PERSONAL VALUE/WORTHINESS – 1 Peter 2:9-10 (Chosen by Christ)

MAN'S NEEDS/GOD'S ANSWERS

- PHYSICAL PROTECTION/SAFETY – Psalm 27:1-6 (Safety in God's dwelling)
- PHYSICAL PROVISION FOOD, CLOTHING, SHELTER – Matthew 6:25-34 (Seek God first)
- PHYSICAL SATISFACTION/COMFORT – Psalm 63:1-5 (Satisfaction in the Lord)
- POWER – Matthew 18:18-20, James 5:16 (Power and authority through righteousness for God's work)
- PRODUCTIVITY – 1 Corinthians 3:10-15 (Work for the Lord)
- PURPOSE – John 7:16-18 (Bring honor to God)
- RESPECT – Titus 2:6-8; 1 Peter 2:12 (Live a life worthy of respect)
- REST/REFRESHMENT – Acts 3:19 (Rest and refreshment through repentance)
- RIGHTEOUSNESS – Romans 3:21-24 (Righteousness through faith)
- SELF-EXPRESSION – Ephesians 4:11-13 (Use gifts to build the body)
- SEXUAL SATISFACTION – Proverbs 5:15-23 (Satisfaction with your spouse)
- SIGNIFICANCE – Matthew 16:24-27 (God knows you intimately)
- STABILITY – James 1:17 (God never changes)
- SUCCESS – Matthew 16:24-27 (Give up self)
- UNDERSTANDING – Proverbs 3:5-6 (God's understanding)
- VALUED WORK – Ephesians 6:5-8 (Serve the Lord)
- VARIETY – Ecclesiastes 3:1-8 (There is a proper time for everything)

SCRIPTURES FOR PERSONAL USE

ADULTERY – Sexual infidelity against your spouse.
(See scriptures for fornication.)

ARROGANCE – Lofty imaginations of self.

EXAMPLES OF BELIEF

__ Deception – Daniel 4:1-37, The example of Nebuchadnezzar.

__ Truth – Philippians 2:1-11, The example of Jesus.

STUDY OF TRUTH (See also scriptures for haughtiness.)

__ 1 Pet 5:5-6 __ Isa 2:22, 40:6-8 __ Prov 29:23, 11:2 __ Prov 16:18-19 __ Prov 3:33-35

BITTERNESS – Internal, poisonous condition that results from an unwillingness to forgive.

EXAMPLES OF BELIEF

__ Deception – Genesis 37:1-36, Joseph's brothers resent Joseph.

__ Truth – Genesis 45:1-28, Joseph forgives his brothers.

STUDY OF TRUTH

__ Eph 4:31-5:2 __ 1 Pet 3:8-9 __ Matt 18:21-35 __ Col 3:12-14 __ Rom 12:17-21

COARSE JOKING – Joking that is harsh or derogatory.

EXAMPLES OF BELIEF

__ Deception – Matthew 27:27-44, The soldiers mock Jesus.

__ Truth – Luke 23:26-43, The thief tells the other the truth.

STUDY OF TRUTH (See also scriptures for foolish talk and unwholesome talk.)

__ Matt 12:33-37 __ James 3:1-12 __ Prov 11:9-12 __ Prov 12:13-14 __ Prov 18:6-7

DEBAUCHERY – Careless disregard for God's rules or order, especially being sexually rebellious.

EXAMPLES OF BELIEF

__ Deception – Proverbs 7, The adulteress leads men astray.

__ Truth – Proverbs 1, Wisdom speaks.

STUDY OF TRUTH (See also scriptures for orgies.)

__ 1 Cor 5:9-13 __ 1 Cor 6:9-11 __ 1 Pet 4:1-7 __ Prov 23:22-28 __ Rom 13:11-14

DECEIT – Setting a trap for another by using deception.

EXAMPLES OF BELIEF

__ Deception – Daniel 6, The administrators set up Daniel.

__ Truth – Esther 4 & 7, Esther tells the truth.

STUDY OF TRUTH (See also scriptures for slander and selfish ambition.)

__ 1 Pet 2:1-3 __ Psa 101:1-8 __ Psa 7:10-16 __ Prov 26:18-19, 27-28 __ Isa 5:18-21

DISCORD – Contention, quarreling

EXAMPLES OF BELIEF

__ Deception – Mark 9:33-37, 10:35-45, The disciples quarrel about who's the greatest.

__ Truth – Genesis 26:12-33, Isaac avoids conflict by moving away.

STUDY OF TRUTH (See also scriptures for dissension.)

__ Prov 17:1-5, 12-14 __ Prov 26:20-22 __ Prov 20:3; 22:10-12 __ 2 Tim 2:22-26 __ Titus 3:9-11

DISPUTING – A craving for controversy that produces ruin and achieves no good.

(See scriptures for discord.)

SCRIPTURES FOR PERSONAL USE

DISSENSION – Causing or contributing to divisions or disunity within a group.

EXAMPLES OF BELIEF

- __ Deception Acts 19:23-41, The riot in Ephesus.
- __ Truth Acts 15:1-35, The council settles a dispute.

STUDY OF TRUTH (See also scriptures for discord.)

- __ Rom 14:1-23 __ Eph 4:1-6 __ Gal 5:7-15 __ Heb 12:14-15; James 4:1-3 __ Rom 15:1-7

DRUNKENNESS – Excessive drinking.

EXAMPLES OF BELIEF

- __ Deception – Genesis 9:18-29, Noah's drunkenness leads to immodest behavior
- __ Truth – Acts 2:1-21, The disciples are filled with the Spirit.

STUDY OF TRUTH (See also scriptures for debauchery and orgies.)

- __ Isa 5:22-24 __ Prov 23:19-21 __ Prov 23:29-35 __ Prov 31:4-7 __ John 4:13-14

ENVY 1 – Feeling of displeasure produced by witnessing or hearing of the advantage or prosperity of another, includes the desire to have another deprived. (See scriptures for envy 2.)

ENVY 2 – Different from above envy as it carries with it the idea of making evil plans, literally having an evil eye.

EXAMPLES OF BELIEF

- __ Deception – 1 Samuel 18:1-19:1, Saul envies David's success.
- __ Truth – 1 Samuel 20:1-42, Jonathan helps David.

STUDY OF TRUTH (See also scriptures for greed.)

- __ Prov 24:1-2,17-20 __ Prov 14:30 __ Ecc 4:4-8 __ Ecc 5:8-20 __ Ex 20:17

FACTIONS – Causing or contributing to discord between groups.

(See scriptures for dissension.)

FAULT FINDING – Complaining by finding fault with God or others.

EXAMPLES OF BELIEF

- __ Deception – Numbers 16:1-35, A group opposes Moses and Aaron.
- __ Truth – Job 42, Job acknowledges who God is

STUDY OF TRUTH (See also scriptures for murmuring.)

- __ Phil. 2:12-18 __ Job 2:1-10 __ James 5:7-11 __ Phil 4:8-9 __ Psa 37:1-7

FITS OF RAGE – Outbursts of anger.

EXAMPLES OF BELIEF

- __ Deception – Genesis 4:1-16, Cain kills Abel.
- __ Truth – 1 Peter 2:18-25, The example of Christ.

STUDY OF TRUTH

- __ Prov 25:28, 29:11, 12:16 __ Psa 37:8-9 __ Eph 4:26-27 __ James 1:19-20 __ Matt 5:21-26

FOLLY – Little or no concern for truth.

EXAMPLES OF BELIEF

- __ Deception – Proverbs 9, The invitations of wisdom and folly.
- __ Truth – Proverbs 2, The benefits of wisdom.

STUDY OF TRUTH

- __ 2 Tim 4:1-5 __ 1 Tim 4:6-9 __ 1 Tim 1:3-11 __ Eph 4:17-24 __ Matt 7:24-27

FOOLISH TALK – Empty talk with no more than sound value, excessive speech.

EXAMPLES OF BELIEF

- __ Deception – Acts 17:16-34, The Athenians talk a lot but don't acquire wisdom.
- __ Truth – Acts 9:19b-31, Saul preaches the truth in spite of opposition.

STUDY OF TRUTH (See also scriptures for unwholesome talk and coarse joking.)

- __ Prov 10:19-21 __ Prov 17:27-28; 18:2 __ Ecc 10:12-14 __ 2 Tim 2:15-16 __ 1 Tim 6:20-21

SCRIPTURES FOR PERSONAL USE

FORNICATION – Illicit sex, any sexual behavior that is against God's perfect design, includes natural sex outside of marriage and perverted sex both inside and outside of marriage such as sodomy.

EXAMPLES OF BELIEF

__ Deception – Proverbs 7:1-27, The results of adultery.

__ Truth – Genesis 39:1-23, Joseph refuses to sin.

STUDY OF TRUTH

__ Gen 2:20b-25 __ Prov 5:15-23 __ Matt 5:27-32 __ 1 Cor 6:12-20 __ 1 Thess 4:3-8

GLUTTONY – Eating too much.

EXAMPLES OF BELIEF

__ Deception – 1 Samuel 2:12-36, Eli's sons treat God with contempt.

__ Truth – Daniel 1:1-21, Daniel resolves to eat what is good.

STUDY OF TRUTH

__ Prov 23:1-3 __ Ecc 10:16-17 __ Isa 55:1-2 __ John 6:27,35 __ 1 Cor 10:31-33

GREED – Desire to have more, state in which unable to say, "God, I'm grateful and satisfied with what you have given me right now."

EXAMPLES OF BELIEF

__ Deception – Luke 12:13-34, The Parable of the rich fool.

__ Truth – Acts 4:32-37, The believers share what they have.

STUDY OF TRUTH (See also scriptures for envy.)

__ Prov 23:4-5 __ James 5:1-6 __ 1 Tim 6:6-10,17-19 __ Psa 62:9-12 __ Prov 11:24-28; Heb 13:5

HATRED – Hostile enmity.

EXAMPLES OF BELIEF

__ Deception – Genesis 27:41-28:9, Essau hates Jacob

__ Truth – Genesis 33:1-20, Essau meets Jacob

STUDY OF TRUTH

__ Lev 19:14-18 __ Prov 10:12, 15:15-17 __ Matt 5:43-48 __ 1 John 2:9-11 __ 1 John 4:19-21

HAUGHTINESS – Showing oneself above others, looking down on others.

EXAMPLES OF BELIEF

__ Deception – Luke 18:9-14, The Pharisee compares himself to others.

__ Truth – John 13:1-17, Jesus washes the disciples' feet.

STUDY OF TRUTH (See also the scriptures for arrogance.)

__ Prov 16:18, 30:11-14 __ Gal 6:3-5 __ Rom 12:3,10,16 __ Matt 20:20-28 __ Matt 23:1-12

IDOLATRY – Anything that takes the place of God in relation to our trust, worship, and adoration.

EXAMPLES OF BELIEF

__ Deception – Exodus 32:1-35, The Israelites worship the golden calf.

__ Truth – Daniel 3:1-30, The three Hebrews refuse to bow to the image.

STUDY OF TRUTH

__ Matt 6:19-24 __ Ex 20:1-6 __ Deut 8:10-20 __ Rom 1:18-32 __ 1 John 2:15-17

IMPURITY – Dirty, unclean thoughts that come from within the evil of our hearts, in particular, sexually unclean thoughts.

EXAMPLES OF BELIEF

__ Deception – 2 Samuel 13:1-22, Amnon has wrong thoughts that lead to sin.

__ Truth – Song of Songs 4:1-16, A husband delights in thoughts of his wife.

STUDY OF TRUTH

__ Eph 5:1-14 __ Mark 7:14-23 __ Prov 4:20-27 __ Prov 6:20-29 __ Psa 119:9-16

JEALOUSY – Strong desire to have what another person has and you do not have; differs from envy in the sense that it does not carry with it any feeling of hostile intent toward the person who is the object of your jealousy. (See scriptures for envy.)

SCRIPTURES FOR PERSONAL USE

LYING – Speaking falsely, speaking false words.

EXAMPLES OF BELIEF

- __ Deception – Acts 5:1-11, Ananias and Sapphira lie.
- __ Truth – Matthew 26:57-68, Jesus speaks truthfully in the face of accusation.

STUDY OF TRUTH

- __ Deut 19:15-21 __ Prov 19:5; 21:28 __ Prov 12:17-23 __ John 8:44 __ Psa 15:1-4

MALICE – Evil intent, opposite of a desire to serve another.

EXAMPLES OF BELIEF

- __ Deception – 1 Samuel 25:1-13, Nabal refuses to help David.
- __ Truth – 1 Samuel 25:14-39, Abigail does what is right.

STUDY OF TRUTH (See also scriptures for hatred and murder.)

- __ Matt 5: 38-42 __ 1 John 3:7-10 __ Prov 3:27-35 __ Prov 12:2-8 __ Prov 26:23-26

MEDDLING – Involving yourself in the affairs of someone else without right or invitation.

EXAMPLES OF BELIEF

- __ Deception – 1 Kings 21:1-26, Jezebel meddles in Ahab's affairs.
- __ Truth – Joshua 24:1-27, Joshua encourages the people but doesn't meddle.

STUDY OF TRUTH

- __ 1 Pet 4:15-16 __ James 1:26 __ 1 Tim 5:13 __ Prov 26:17 __ Matt 16:21-23

MURDER – Murderous thoughts as well as deeds.

EXAMPLES OF BELIEF

- __ Deception – 1 Samuel 22:6-23, Saul pursues David and kills the priests.
- __ Truth – 1 Samuel 26:1-25, David refuses to hurt Saul.

STUDY OF TRUTH

- __ 1 John 3:11-20 __ Rom 13:8-10 __ Ex 21:12-25 __ Prov 28:17-18 __ Lev 24:17-22

MURMURING – Indignant complaining or grumbling expression of a sullen and secret discontent

EXAMPLES OF BELIEF

- __ Deception – Numbers 14:1-35, The Israelites grumble against God.
- __ Truth – Isaiah 26, Gratitude for who God is.

STUDY OF TRUTH (See also scriptures for fault finding.)

- __ Phil. 4:10-13 __ Prov. 15:15-17 __ Ecc 2:17-26 __ 1 Thess 5:16-18 __ Heb 12:1-11

OBSCENITY – Sexually explicit talk.

(See scriptures for impurity.)

ORGIES – Lavish feasting and merry making.

EXAMPLES OF BELIEF

- __ Deception – Daniel 5:1-30, Belshazzar dishonors God.
- __ Truth – 1 Corinthians 10:14-11:1, Consider the participation.

STUDY OF TRUTH (See also scriptures for drunkenness and debauchery.)

- __ Eph 5: 15-20 __ 1 Thess 5:4-11 __ Isa 5:11-16 __ Isa 22:12-14 __ Prov 21:16-17

SELFISH AMBITIONS – Entering into rivalry, strife or intrigue

EXAMPLES OF BELIEF

- __ Deception – 2 Samuel 15:1-12, Absalom conspires against David.
- __ Truth – 2 Samuel 15:13-37, David's followers remain faithful.

STUDY OF TRUTH (See also scriptures for slander and deceit.)

- __ James 3:13-18 __ 1 Tim 6:3-5 __ 2 Peter 2:1-22 __ Rom 16:17-19 __ Titus 3:1-8

SCRIPTURES FOR PERSONAL USE

SLANDER – To speak poorly about another.

EXAMPLES OF BELIEF

- __ Deception – Nehemiah 4:1-9, The opposition to rebuilding the wall.
- __ Truth – 1 Samuel 19:1-7, Jonathan stands up for David.

STUDY OF TRUTH (See also scriptures for selfish ambitions and deceit.)

- __ Prov 10:15-24 __ Prov 16:27-30 __ Prov 17:9; 24:28-29; 25:9-10 __ Psa 55:1-23 __ Eph 4:31-32

SLOTH – Sluggish, lazy

EXAMPLES OF BELIEF

- __ Deception – Proverbs 24:30-34, The field of the sluggard.
- __ Truth – Proverbs 31:10-31, The wife of noble character.

STUDY OF TRUTH

- __ 1 Thess 4:11-12 __ 2 Thess 3:6-13 __ Prov 6:6-11 __ Prov 12:11; 18:9; 19:15 __ Ex 23:12

SORCERY – Reliance on magical or occult powers; includes power inherent in drugs.

EXAMPLES OF BELIEF

- __ Deception – Acts 8:9-25, Simon the Sorcerer wants to buy the power of the Holy Spirit.
- __ Truth – 1 Kings 18:16-46, Elijah challenges the prophets of Baal.

STUDY OF TRUTH

- __ 1 Sam 15:22-23 __ Deut 18:9-13 __ Isa 8:19-22 __ Acts 13:6-12 __ Acts 19:11-20

THEFT – Taking another's possessions without consent.

EXAMPLES OF BELIEF

- __ Deception – Joshua 7, Achan disobeys God and causes Israel's defeat.
- __ Truth – Genesis 14, Abraham tithes and won't take the spoils of war.

STUDY OF TRUTH

- __ Eph 4:28 __ Lev 6:1-7 __ Deut 25:13-16 __ Ex 22:1-15 __ Mal 3:6-12

UNWHOLESOME TALK – Talk that fails to build up others.

EXAMPLES OF BELIEF

- __ Deception – 2 Samuel 16:5-14, Shimei curses David.
- __ Truth – Acts 18:18-28, Apollos is instructed more adequately

STUDY OF TRUTH (See also scriptures for coarse joking and foolish talk.)

- __ 1 Pet 3:10-12 __ Eph 4:29-30 __ 2 Tim 2:23-26 __ Prov 6:2-5 __ Prov 25:11-15

WORRY – Anxious concern.

EXAMPLES OF BELIEF

- __ Deception – Numbers 13:17-14:38, The Israelites fail to trust God.
- __ Truth – Psalm 37, The righteous trust in the Lord.

STUDY OF TRUTH

- __ Matt 6:25-34 __ Phil 4:4-7 __ Prov 3:21-26 __ Psa 55:22, 56:3-4 __ Psa 62:5-8

WRATH – Underlying, seething anger.

(See scriptures for fits of rage.)

CATEGORIZED SINS

SINS OF MISPLACED FAITH

ARROGANCE
HAUGHTINESS
FOLLY
IDOLATRY
SORCERY

NEEDS - happiness/joy, harmony, understanding, immortality, authority, honor, salvation, purpose, value
CHANGE OF BELIEF - humility, fear of God, truth, righteousness
ACTIONS OF CHANGED BELIEF - service, true worship, faith

SINS OF THE MOUTH

COARSE JOKING
FOOLISH TALK
OBSCENITY
SLANDER
UNWHOLESOME TALK

NEEDS - friendship, acceptance, belonging, influence, intimacy
CHANGE OF BELIEF - goodness, purity
ACTIONS OF CHANGED BELIEF - encouragement, speaking truth in love, love

SINS OF PROVISION/GRATITUDE

ENVY
FAULT FINDING
GREED
JEALOUSY
MURMURING
SELFISH AMBITIONS
THEFT
WORRY

NEEDS - provisions, significance, valued work, contentment, order, physical satisfaction, success, recognition
CHANGE OF BELIEF - gratitude, contentment, trust
ACTIONS OF CHANGED BELIEF - helps, giving, generosity, faith

CATEGORIZED SINS

SINS OF RELATION/CONTROL

BITTERNESS
 DECEIT
 DISCORD
 DISPUTING
 DISSENSION
 FACTIONS
 FITS OF RAGE
 HATRED
 LYING
 MALICE
 MEDDLING
 MURDER
 WRATH

NEEDS - acceptance, respect, love, order, peace, appreciation, power, justice, harmony

CHANGE OF BELIEF - mercy, righteousness, humility

ACTIONS OF CHANGED BELIEFS - service, kindness, forgiveness, patience, unity, self control, humility

SINS OF SELF INDULGENCE

DEBAUCHERY
 DRUNKENNESS
 GLUTTONY
 ORGIES
 SLOTH

NEEDS - physical satisfaction, spiritual peace, intimacy, love, purpose, liberty/independence,
 significance, excitement/variety

CHANGE OF BELIEF - purity, proper faith

ACTIONS OF CHANGED BELIEF - abstinence, self denial

SEXUAL SINS

ADULTERY
 FORNICATION
 IMPURITY

NEEDS - sexual satisfaction, intimacy, love

CHANGED BELIEFS - purity

ACTIONS OF CHANGED BELIEF - fidelity, abstinence, self control

EVALUATING NEEDS – THE PROGRESSION OF BELIEF

(Refer to APPENDIX B, MAN'S NEEDS/GOD'S ANSWERS for verses.)

NEED:		
SCRIPTURE:		
	THE DECEPTION OF THE WORLD	THE TRUTH OF GOD
B E L I E F		
L O V E		
O B E Y		
R E S U L T		

NEED:		
SCRIPTURE:		
	THE DECEPTION OF THE WORLD	THE TRUTH OF GOD
B E L I E F		
L O V E		
O B E Y		
R E S U L T		

SIN WORKSHEET

SIN: _____

WHAT I AM TRYING TO ACCOMPLISH	WHAT I ACTUALLY ACCOMPLISH
<p>What I hope to accomplish is:</p> <p>What I actually accomplish is:</p>	
<p>As long as I believe _____</p> <p>_____.</p> <p>I will continue to be _____</p> <p>_____.</p>	
<p>The need motivating this sin:</p> <p>How does God say He will meet this need? (Go to APPENDIX B)</p>	

EXAMPLES OF BELIEF

SIN: _____

SCRIPTURE:		EXAMPLE:
BELIEVING DECEPTION	NEED/SITUATION:	
	BELIEF (Way thought need could be met):	
	LOVE (What chose to dwell on):	
	OBEDIENCE (Action taken):	
	RESULT (End result of the action):	

SCRIPTURE:		EXAMPLE:
BELIEVING TRUTH	NEED/SITUATION:	
	BELIEF (Way thought need could be met):	
	LOVE (What chose to dwell on):	
	OBEDIENCE (Action taken):	
	RESULT (End result of the action):	

STUDY OF SCRIPTURE

SIN: _____ **NEED:** _____

SCRIPTURES:
CHOOSING TRUTH
BELIEF – The truth of God and confession of sin
LOVE – Dwelling on the truth and praise of God
OBEY – Steps of righteousness and turning from sin
RESULT – God's promised blessing

PRAYER OF REPENTANCE

1. Acknowledgment of God and truth
2. Confession of Personal Sin
3. Requests According to God's Truth and Character (Transformation, Willing and Humble Spirit, Ability to Tell Others)
4. Gratitude and Praise for the Character and Deeds of God
5. Personal Commitment and Response(Personal actions in response to God's Actions)
6. Yielding and submission to God and his purposes.

STEPS FOR OVERCOMING SIN

SIN: _____

1. SPECIFIC SIN ACTION OR SITUATION: (Write out what happened.)
2. BELIEF MOTIVATING ACTION (What I Hoped to Accomplish):
3. RESULT OF ACTION (What I Actually Accomplished):
4. NEED MOTIVATING THIS ACTION:
5. GOD'S WAY TO MEET THIS NEED: (Look up in APPENDIX B, MAN'S NEEDS/GOD'S ANSWERS.)
6. PRAYER OF REPENTANCE:
7. STEPS OF RESOLVE (My Choice of Belief): (Read the scriptures relating to this sin in APPENDIX C, SCRIPTURES FOR PERSONAL STUDY for help in writing this out.)
8. PROMISED BLESSING (The Result of Acting in Truth):